

Individual Best Times (All Time)

Rebecca Finnie - (757286) - Rotherham Metro SC

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|-----------------------|----------|-----------------|-----------|----------|---|-----------|---------|-------|
| 50 Freestyle | 30.11 | 29.40 | 482 | 30/11/13 | City of Sheffield Snow Frills Gala | Sheffield | NE3174 | 3 |
| 100 Freestyle | 1:04.61 | 1:03.30 | 512 | 09/06/13 | ASA North East Region Age Group Champs | Sheffield | NER320 | 1 |
| 200 Freestyle | 2:20.20 | 2:17.70 | 521 | 25/02/12 | Yorkshire County Championships | Leeds | CC2042 | 1 |
| 400 Freestyle | 4:59.95 | 4:55.20 | 483 | 20/05/12 | Rotherham Metro SC Long Course Open Meet | Sheffield | NE2027 | 1 |
| 800 Freestyle | 10:27.31 | 10:18.00 | 461 | 03/06/12 | North East Region BAGCAT Championships | Sheffield | NER222 | 1 |
| 50 Breaststroke | 43.94 | 43.20 | 292 | 20/01/13 | Rotherham Metro SC A & B Grade LC Meet | Sheffield | NE3011 | 3 |
| 100 Breaststroke | 1:36.50 | 1:35.20 | 293 | 19/01/13 | Rotherham Metro SC A & B Grade LC Meet | Sheffield | NE3011 | 3 |
| 50 Butterfly | 32.33 | 31.70 | 431 | 17/05/14 | Rotherham Metro SC Level One Long Course Meet | Sheffield | NE4110 | 1 |
| 100 Butterfly | 1:13.07 | 1:12.00 | 437 | 30/08/14 | Worksop Dolphins The 30th Dukeries Open Meet | Sheffield | EM4454 | 3 |
| 50 Backstroke | 35.30 | 34.70 | 440 | 15/03/14 | Yorkshire County Championships | Sheffield | CC4069 | 1 |
| 100 Backstroke | 1:14.24 | 1:13.10 | 460 | 17/05/14 | Rotherham Metro SC Level One Long Course Meet | Sheffield | NE4110 | 1 |
| 200 Backstroke | 2:38.04 | 2:35.90 | 473 | 18/05/14 | Rotherham Metro SC Level One Long Course Meet | Sheffield | NE4110 | 1 |
| 200 Individual Medley | 2:49.17 | 2:46.80 | 414 | 18/02/12 | Yorkshire ASA Championships | Leeds | CC2041 | 1 |
| 400 Individual Medley | 5:57.32 | 5:52.40 | 411 | 25/02/12 | Yorkshire County Championships | Leeds | CC2042 | 1 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|---------|-----------------|-----------|----------|---|--------------|----------|-------|
| 50 Freestyle | 29.69 | 30.40 | 460 | 19/09/15 | Rotherham Metro A & B Grade Short Course Meet | Sheffield | NE150502 | 3 |
| 100 Freestyle | 1:03.40 | 1:04.70 | 497 | 14/10/12 | Yorkshire SA Winter Competition 2012 | Sheffield | NE2844 | 2 |
| 200 Freestyle | 2:18.08 | 2:20.60 | 509 | 15/07/12 | Rotherham Metro ASC L3 Short Course Meet | Sheffield | NE2071 | 3 |
| 400 Freestyle | 4:56.75 | 5:01.40 | 473 | 23/11/13 | City of Bradford Winter Meet | Leeds | NE3644 | 3 |
| 50 Breaststroke | 43.24 | 44.00 | 282 | 22/04/12 | Stocksbridge Pentaqua SC Spring Sprints | Stocksbridge | NE2287 | 3 |
| 100 Breaststroke | 1:41.81 | 1:43.00 | 229 | 09/10/10 | Yorkshire Winter Comp | Sheffield | NE0470 | 2 |
| 50 Butterfly | 32.11 | 32.70 | 437 | 19/07/14 | Rotherham Metro A&B Grade SC Meet | Sheffield | NE4138 | 3 |
| 100 Butterfly | 1:11.02 | 1:12.10 | 440 | 20/09/14 | Rotherham Metro A&B Grade Meet | Sheffield | NE4307 | 3 |
| 50 Backstroke | 34.06 | 34.60 | 407 | 19/07/14 | Rotherham Metro A&B Grade SC Meet | Sheffield | NE4138 | 3 |
| 100 Backstroke | 1:12.07 | 1:13.20 | 441 | 19/07/14 | Rotherham Metro A&B Grade SC Meet | Sheffield | NE4138 | 3 |
| 200 Backstroke | 2:32.92 | 2:35.10 | 470 | 24/11/13 | City of Bradford Winter Meet | Leeds | NE3644 | 3 |
| 200 Individual Medley | 2:43.03 | 2:45.40 | 417 | 14/10/12 | Yorkshire SA Winter Competition 2012 | Sheffield | NE2844 | 2 |
| 400 Individual Medley | 5:50.80 | 5:55.80 | 402 | 26/11/11 | Rotherham Metro Time Trials | Rotherham | NE1550 | 4 |
| 100 Individual Medley | 1:13.57 | 1:13.60 | 453 | 20/07/14 | Rotherham Metro A&B Grade SC Meet | Sheffield | NE4138 | 3 |