

Individual Best Times (All Time)

Imogen Shaw - (756320) - Poole SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.70	33.10	343	30/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3
100 Freestyle	1:18.03	1:16.90	291	11/05/13	Wycombe District SC 7th Annual LC Sprint	Wycombe	SE3432	3
200 Freestyle	2:42.13	2:40.00	337	29/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3
400 Freestyle	5:28.76	5:24.50	367	30/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3
800 Freestyle	11:19.85	11:11.30	362	15/03/14	Berks & South Bucks County Championships	Wycombe	CC4022	1
50 Breaststroke	45.06	44.40	271	29/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3
100 Breaststroke	1:39.79	1:38.50	265	08/02/14	Wycombe District Annual LC Open Meet	Wycombe	SE4140	1
200 Breaststroke	3:32.21	3:29.70	272	15/11/14	Aquae Sulis Grand Prix	Bristol	SW4483	1
50 Butterfly	42.12	41.70	195	16/12/12	Hillingdon SC Level 1 Winter Open Meet	Hillingdon	LR2549	1
50 Backstroke	41.19	40.70	277	09/02/14	Wycombe District Annual LC Open Meet	Wycombe	SE4140	1
100 Backstroke	1:26.71	1:25.80	289	30/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3
200 Backstroke	3:01.36	2:59.50	313	08/02/14	Wycombe District Annual LC Open Meet	Wycombe	SE4140	1
200 Individual Medley	3:05.41	3:03.30	314	15/11/14	Aquae Sulis Grand Prix	Bristol	SW4483	1
400 Individual Medley	6:24.00	6:19.40	331	08/02/14	Wycombe District Annual LC Open Meet	Wycombe	SE4140	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.02	32.70	367	25/11/17	Maidenhead Olympic Celebration County Qualifier	Maidenhead	SE172256	3
100 Freestyle	1:16.73	1:17.80	280	26/04/14	Maidenhead Marlins Level 4 Meet	Maidenhead	SE4366	4
200 Freestyle	2:35.52	2:37.70	356	12/10/14	Berkshire & South Bucks Development Meet	Bracknell	SE4527	3
400 Freestyle	5:21.79	5:26.10	371	06/10/13	City of Southampton SC James Moreno Open	Southampton	SE3363	2
50 Breaststroke	39.88	40.70	360	25/11/17	Maidenhead Olympic Celebration County Qualifier	Maidenhead	SE172256	3
100 Breaststroke	1:27.07	1:28.50	367	25/11/17	Maidenhead Olympic Celebration County Qualifier	Maidenhead	SE172256	3
200 Breaststroke	3:11.61	3:14.40	346	08/03/15	Berks & S Bucks ASA County & Age Group Champs	Maidenhead	CC150816	2
50 Butterfly	39.45	39.90	236	26/04/14	Maidenhead Marlins Level 4 Meet	Maidenhead	SE4366	4
100 Butterfly	1:27.51	1:28.40	235	20/09/14	Maidenhead Marlins Level 4 Meet	Maidenhead	SE4366	4
200 Butterfly	3:21.66	3:23.20	208	09/03/13	Berkshire & South Buckinghamshire CC	Maidenhead	CC3036	2
50 Backstroke	37.74	38.30	299	25/11/17	Maidenhead Olympic Celebration County Qualifier	Maidenhead	SE172256	3
100 Backstroke	1:20.44	1:21.40	317	18/01/15	Watford County Qualifier Open Meet	Watford	ER150010	3
200 Backstroke	2:55.95	2:57.80	308	18/01/14	Staines Black Swan County Qualifier 2014	Elmbridge	SE4010	3
200 Individual Medley	2:58.26	3:00.50	319	06/10/13	City of Southampton SC James Moreno Open	Southampton	SE3363	2
400 Individual Medley	6:15.95	6:20.60	326	23/11/13	Guildford County Qualifier Meet	Guildford	SE3252	3
100 Individual Medley	1:20.44	1:20.40	346	17/01/15	Watford County Qualifier Open Meet	Watford	ER150010	3