

Individual Best Times (All Time)

James Meyrick - (756317) - City of Southampton SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.58	25.80	486	06/04/19	Crawley Spring Open	Crawley	SE190011	1
100 Freestyle	57.19	55.70	550	26/01/20	BSBASA County Championships	Wycombe	SE200054	1
200 Freestyle	2:51.18	2:49.10	211	08/02/14	Wycombe District Annual LC Open Meet	Wycombe	SE4140	1
50 Breaststroke	1:03.79	1:03.30	67	13/04/13	The Bracknell Spring Level 3 Open Meet	Aldershot	SE3131	3
50 Butterfly	29.13	28.50	446	11/01/20	BSBASA County Championships	Wycombe	SE200053	1
50 Backstroke	26.65	25.90	690	05/04/22	British Championships 2022	Sheffield	BSW020	1
100 Backstroke	57.13	55.70	736	06/04/22	British Championships 2022	Sheffield	BSW020	1
200 Backstroke	2:11.51	2:09.00	616	31/07/21	Guildford City SC L3 Summer Open Meet	Surrey Sports Park	SE210200	3
200 Individual Medley	3:28.58	3:26.70	163	09/02/14	Wycombe District Annual LC Open Meet	Wycombe	SE4140	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.90	26.70	471	12/06/21	Maidenhead	Braywick	LEX1806	0
100 Freestyle	53.76	55.30	580	10/12/22	National Arena Swimming League South 2022 - R3	Southampton	SE222475	3
200 Freestyle	2:23.90	2:26.30	329	09/10/16	Berkshire & South Bucks 2016 Development Meet	Bracknell	SE161389	3
400 Freestyle	5:09.65	5:14.20	322	05/12/15	Windsor Open Meet	Maidenhead	SE150283	3
50 Breaststroke	39.74	40.50	247	30/09/18	Maidenhead Marlins County Qualifier Level 3 Meet	Maidenhead	SE181278	3
100 Breaststroke	1:24.68	1:26.20	278	30/09/18	Maidenhead Marlins County Qualifier Level 3 Meet	Maidenhead	SE181278	3
200 Breaststroke	3:29.94	3:32.40	187	20/05/17	Maidenhead Marlins L4 Series Meet	Maidenhead	SE171360	4
50 Butterfly	30.24	30.90	372	11/11/18	Windsor Level 3 Sprint Meet 2018	Fleet	SE182426	3
100 Butterfly	1:05.44	1:06.60	389	18/11/18	Team Bath AS Autumn Meet	Bristol	SW182021	2
200 Butterfly	3:15.20	3:16.80	164	19/09/15	Maidenhead ASC Level 4 Series 2015	Maidenhead	SE150694	4
50 Backstroke	25.40	26.20	659	19/11/22	BUCS Short Course 2022-23	Sheffield	NE222500	2
100 Backstroke	54.77	56.20	687	04/12/22	National Winter Championships 2022	Sheffield	ENG027	2
200 Backstroke	2:04.61	2:07.20	609	16/10/21	Team Bath AS TYR Super Series	Millfield	SW210423	2
200 Individual Medley	2:53.61	2:55.90	251	22/10/16	Maidenhead Level 4 Series	Maidenhead	SE162389	4
100 Individual Medley	1:26.84	1:26.80	182	28/11/15	Maidenhead ASC November 2015 County Qualifier	Maidenhead	SE151908	3