

# Individual Best Times (All Time)

Daisy Mattless - (755781) - Dereham & District SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.70	32.10	376	20/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	ER4035	1
100 Freestyle	1:13.55	1:12.40	347	17/05/14	Rotherham Metro SC Level One Long Course Meet	Sheffield	NE4110	1
200 Freestyle	2:42.83	2:40.70	332	09/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	ER4036	1
400 Freestyle	5:47.20	5:43.10	311	08/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	ER4036	1
800 Freestyle	11:44.97	11:36.70	325	15/02/14	Norfolk County Champs & AG Comp	Norwich	CC4106	1
50 Breaststroke	41.64	40.90	343	29/03/13	City of Norwich SC Easter Meet 2013	Norwich	ER3006	1
100 Breaststroke	1:29.74	1:28.30	364	05/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	ER150080	1
200 Breaststroke	3:10.86	3:08.10	374	03/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	ER150080	1
50 Butterfly	34.27	33.70	362	04/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	ER150080	1
100 Butterfly	1:20.38	1:19.40	328	03/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	ER150080	1
200 Butterfly	3:15.81	3:14.20	240	17/05/14	Rotherham Metro SC Level One Long Course Meet	Sheffield	NE4110	1
200 Individual Medley	3:00.76	2:58.60	339	20/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	ER4035	1
400 Individual Medley	6:21.89	6:17.30	337	17/05/14	Rotherham Metro SC Level One Long Course Meet	Sheffield	NE4110	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.62	32.30	381	13/02/16	Norfolk County Championships 2016	Thetford	ER160405	2
100 Freestyle	1:09.11	1:10.30	384	21/06/15	Norfolk County Challenge Gala 2015	Dereham	ER151236	3
200 Freestyle	2:29.40	2:31.70	402	30/06/15	Dereham & District Roger Virgo 2015	Dereham	ER151245	4
400 Freestyle	5:16.16	5:20.60	391	07/07/15	Dereham & District Roger Virgo 2015	Dereham	ER151246	4
50 Breaststroke	40.40	41.20	346	04/10/15	Dereham & District SC Icenis 2015 Level 3 Open Meet	Dereham	ER150690	3
100 Breaststroke	1:24.61	1:26.10	400	28/02/15	Norfolk County Championships	Thetford	CC150389	2
200 Breaststroke	3:02.91	3:05.80	398	03/07/15	Dereham & District Roger Virgo 2015	Dereham	ER151245	4
50 Butterfly	34.47	35.00	353	08/03/15	Norfolk County Championships	Thetford	CC150391	2
100 Butterfly	1:16.69	1:17.70	350	07/03/15	Norfolk County Championships	Thetford	CC150391	2
200 Butterfly	2:50.03	2:51.90	348	06/12/15	Newmarket & District December Open Meet 2015	Newmarket	ER150617	3
50 Backstroke	38.90	39.40	273	28/06/15	Norfolk County Challenge Gala 2015	Dereham	ER151236	3
100 Backstroke	1:28.41	1:29.30	239	09/03/14	Norfolk County Champs & AG Comp	Thetford	CC4109	2
200 Backstroke	3:00.07	3:01.90	288	01/07/15	Dereham & District Roger Virgo 2015	Dereham	ER151245	4
200 Individual Medley	2:45.84	2:48.20	396	08/07/15	Dereham & District Roger Virgo 2015	Dereham	ER151246	4
400 Individual Medley	5:51.29	5:56.30	400	06/07/15	Dereham & District Roger Virgo 2015	Dereham	ER151246	4
100 Individual Medley	1:20.19	1:20.20	349	22/11/15	Dereham Otters Annual Gala	Dereham	ER152232	3