

Individual Best Times (All Time)

Lydia Jane Mitchell - (755470) - Beckenham SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.70	29.00	502	11/02/17	Kent Swimming Championships	London Aquatics	SE170174	1
100 Freestyle	1:04.21	1:02.90	522	14/05/17	2017 London Swimming Regional AG Champs	Stratford	LR170801	1
200 Freestyle	2:34.87	2:32.60	386	31/01/16	Kent Swimming Championships 2016	Crystal Palace	SE160329	1
400 Freestyle	5:02.44	4:57.80	471	21/01/17	Kent Swimming Championships	Crystal Palace	SE170171	1
50 Breaststroke	35.27	34.40	565	02/02/20	2020 Kent ASA Swimming Championships	Crystal Palace	SE200207	1
100 Breaststroke	1:15.30	1:13.60	617	31/07/19	Swim England National Summer Meet	Sheffield	ENG014	1
200 Breaststroke	2:42.00	2:38.70	612	01/08/18	Swim England National Summer Meet	Sheffield	ENG009	1
50 Butterfly	32.00	31.40	444	12/03/17	Wycombe Long Course Premier Open Meet	Wycombe	SE170384	1
100 Butterfly	1:11.79	1:10.70	461	13/05/17	2017 London Swimming Regional AG Champs	Stratford	LR170801	1
200 Butterfly	3:26.16	3:24.60	206	20/07/14	Portsmouth Northsea SC PN End of Season Meet	Portsmouth	SE4226	3
50 Backstroke	33.96	33.40	494	14/07/18	RTSC End of Season Open Meet 2018	London Aquatic Ctr	LR181417	3
100 Backstroke	1:12.68	1:11.60	490	27/01/18	Kent Swimming Championships 2018	Crystal Palace	SE180333	1
200 Backstroke	2:48.20	2:46.20	392	30/01/16	Kent Swimming Championships 2016	Crystal Palace	SE160329	1
200 Individual Medley	2:37.72	2:35.20	511	01/02/20	2020 Kent ASA Swimming Championships	Crystal Palace	SE200207	1
400 Individual Medley	5:35.12	5:29.80	499	20/01/18	Kent Swimming Championships 2018	Crystal Palace	SE180332	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.02	30.70	445	26/11/16	Bexley Short Course Meet	Bexleyheath	LR160462	3
100 Freestyle	1:04.76	1:06.00	467	10/12/16	NASLS - Round 3	Beckenham	SE162554	3
200 Freestyle	2:22.01	2:24.40	468	18/09/17	BSC Club Championships	Beckenham	LR170804	4
400 Freestyle	4:55.15	4:59.90	481	27/11/17	BSC Club Championships	Beckenham	LR170808	4
800 Freestyle	10:14.94	10:24.30	467	13/11/17	BSC Club Championships	Beckenham	LR170807	4
50 Breaststroke	35.24	36.10	521	04/11/18	2018 London Swimming Regional Winter Champs	London	LR182146	2
100 Breaststroke	1:14.48	1:16.20	586	03/11/18	2018 London Swimming Regional Winter Champs	London	LR182146	2
200 Breaststroke	2:39.56	2:42.80	599	03/11/18	2018 London Swimming Regional Winter Champs	London	LR182146	2
50 Butterfly	31.22	31.80	476	03/11/19	2019 London Region Winter Championships	London	LR192817	2
100 Butterfly	1:11.44	1:12.50	433	27/11/17	BSC Club Championships	Beckenham	LR170808	4
200 Butterfly	2:49.19	2:51.00	353	23/09/17	Team Luton Autumn Short Course Meet 2017	Luton	ER171628	3
50 Backstroke	33.19	33.80	440	04/11/18	2018 London Swimming Regional Winter Champs	London	LR182146	2
100 Backstroke	1:13.25	1:14.30	420	16/10/17	BSC Club Championships	Beckenham	LR170806	4
200 Backstroke	2:36.51	2:38.60	438	27/11/17	BSC Club Championships	Beckenham	LR170808	4
200 Individual Medley	2:31.91	2:34.50	516	14/12/19	NASL South Round 3	Horsham	SE193328	2
400 Individual Medley	5:27.00	5:32.30	496	02/10/17	Beckenham Club Championships	Beckenham	LR170805	4
100 Individual Medley	1:11.40	1:11.40	495	13/11/17	BSC Club Championships	Beckenham	LR170807	4