

Individual Best Times (All Time)

Thomas Sinclair - (754424) - Team Bath AS

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	24.12	23.20	651	03/05/15	ASA South West Summer Championships	Plymouth	SW150229	1
100 Freestyle	52.20	50.60	723	14/04/16	British Championships 2016	Glasgow	ASA147	1
200 Freestyle	1:53.84	1:50.80	719	31/07/16	British Summer Championships	Sheffield	ASA148	1
400 Freestyle	4:11.57	4:05.90	669	08/01/17	UBSC New Year L1 Open Meet	Bristol	SW170243	1
50 Breaststroke	34.76	33.80	416	03/07/16	Aquae Sulis L3 Summer Splash Open Meet	Millfield	SW161229	3
50 Butterfly	24.65	23.90	737	31/07/16	British Summer Championships	Sheffield	ASA148	1
100 Butterfly	54.36	53.00	752	28/07/17	British Summer Championships	Sheffield	BSW002	1
200 Butterfly	2:06.77	2:04.30	659	03/07/16	Aquae Sulis L3 Summer Splash Open Meet	Millfield	SW161229	3
50 Backstroke	29.12	28.40	528	15/11/14	Aquae Sulis Grand Prix	Bristol	SW4483	1
100 Backstroke	1:00.53	59.20	619	27/05/17	Cardiff International Open Meet 2017	Cardiff	WL170116	1
200 Backstroke	2:31.11	2:28.90	406	17/06/12	British Gas South West Region AG Champs	Millfield	SWR206	1
200 Individual Medley	2:13.42	2:10.40	623	28/02/16	Aquae Sulis Spring Grand Prix	Bristol	SW160100	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	23.09	24.00	665	28/02/15	Somerset ASA Championships	Millfield	CC150475	2
100 Freestyle	50.28	51.90	709	22/03/15	Somerset ASA Championships	Millfield	CC150478	2
200 Freestyle	1:50.77	1:53.80	721	25/01/16	Somerset ASA County Championships	Millfield	SW160262	2
400 Freestyle	4:01.17	4:06.90	681	30/01/16	Somerset ASA County Championships	Millfield	SW160264	2
50 Butterfly	24.12	24.90	733	22/03/15	Somerset ASA Championships	Millfield	CC150478	2
100 Butterfly	54.29	55.70	681	11/08/15	2015 NZ Short Course Champs	Auckland New Zealand	GBR206	2
200 Butterfly	2:06.16	2:08.60	607	06/11/16	ASA SWR Winter Championships	Millfield	SW162268	2
50 Backstroke	25.97	26.70	617	21/03/15	Somerset ASA Championships	Millfield	CC150478	2
100 Backstroke	56.82	58.20	615	21/03/15	Somerset ASA Championships	Millfield	CC150478	2
200 Backstroke	2:19.78	2:22.10	431	16/02/13	Somerset ASA County Championships	Millfield	CC3101	2
200 Individual Medley	2:09.75	2:12.70	603	10/12/16	NSL Western Premier Division Final	Newport	WL162366	2
400 Individual Medley	5:01.38	5:07.10	472	03/03/13	Somerset County Championships	Millfield	CC3103	2
100 Individual Medley	57.50	57.50	629	19/12/15	ASA Winter Meet	Sheffield	ASA146	2