

Individual Best Times (All Time)

Elfie Newbury - (754055) - Trowbridge ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.53	29.80	462	31/05/15	ASASWR Summer Championships	Millfield	SW150231	1
100 Freestyle	1:06.14	1:04.90	477	06/04/14	City of Bristol Level 1 Open Meet	Hengrove	SW4135	1
200 Freestyle	2:24.16	2:21.70	479	11/01/14	UBSC New Year Open Meet	Hengrove	SW4041	1
400 Freestyle	4:59.83	4:55.10	483	12/01/14	UBSC New Year Open Meet	Hengrove	SW4041	1
800 Freestyle	10:20.04	10:10.60	477	01/02/14	Wiltshire County Championships	Bath	CC4097	1
50 Breaststroke	42.51	41.80	322	12/01/14	UBSC New Year Open Meet	Hengrove	SW4041	1
50 Butterfly	33.91	33.30	373	06/04/14	City of Bristol Level 1 Open Meet	Hengrove	SW4135	1
100 Butterfly	1:15.98	1:15.00	389	17/05/15	ASASWR Summer Championships	Millfield	SW150231	1
200 Butterfly	2:48.37	2:46.50	378	08/06/14	ASA South West Region AG Championships	Millfield	SWR404	1
50 Backstroke	35.90	35.30	418	11/01/14	UBSC New Year Open Meet	Hengrove	SW4041	1
100 Backstroke	1:18.49	1:17.50	389	02/06/13	ASA South West Region Age Groups 2013	Millfield	SWR322	1
200 Backstroke	2:45.25	2:43.20	413	18/05/14	Millfield Last Chance Swim Meet	Millfield	SW4457	1
200 Individual Medley	2:49.91	2:47.60	408	18/05/14	Millfield Last Chance Swim Meet	Millfield	SW4457	1
400 Individual Medley	5:53.23	5:48.20	426	15/06/14	ASA South West Region AG Championships	Bristol	SWR405	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.33	31.00	432	11/04/15	Gloucester City Level 2 April Open Meet	Gloucester	SW150202	2
100 Freestyle	1:04.46	1:05.70	473	27/10/13	Trowbridge ASC Club Championships 2013	Trowbridge	SW3882	4
200 Freestyle	2:19.13	2:21.60	498	16/11/13	Millfield & Taunton Deane L2 Meet	Millfield	SW3871	2
400 Freestyle	4:48.92	4:53.70	513	17/11/13	Millfield & Taunton Deane L2 Meet	Millfield	SW3871	2
800 Freestyle	10:38.58	10:47.60	417	05/10/12	Gloucester City Level 3 Open Meet	Gloucester	SW2675	3
50 Breaststroke	40.77	41.50	336	30/01/16	Wiltshire Age Group Championships	Swindon	SW160241	2
100 Breaststroke	1:31.28	1:32.70	318	04/05/14	Trowbridge L3 Open Meet	Trowbridge	SW4444	3
200 Breaststroke	3:13.74	3:16.50	335	23/03/14	Wiltshire ASA Age Group Championships	Swindon	CC4101	2
50 Butterfly	33.07	33.60	400	02/03/14	Wiltshire ASA Age Group Championships	Swindon	CC4098	2
100 Butterfly	1:13.45	1:14.50	398	09/03/14	Wiltshire ASA Age Group Championships	Swindon	CC4100	2
200 Butterfly	2:47.34	2:49.20	365	02/11/14	Trowbridge Meet	Trowbridge	SW14333	4
50 Backstroke	34.43	35.00	394	08/12/13	Tigersharks Xmas Open Meet 2013	Swindon	SW3066	3
100 Backstroke	1:14.32	1:15.40	402	23/03/14	Wiltshire ASA Age Group Championships	Swindon	CC4101	2
200 Backstroke	2:41.06	2:43.10	402	11/05/14	Gloucester City L2 Open Meet	Gloucester	SW4182	2
200 Individual Medley	2:45.71	2:48.10	397	22/03/14	Wiltshire ASA Age Group Championships	Swindon	CC4101	2
400 Individual Medley	5:37.88	5:43.00	450	09/03/14	Wiltshire ASA Age Group Championships	Swindon	CC4100	2
100 Individual Medley	1:16.78	1:16.80	398	26/04/14	Tigersharks Spring Open Meet 2014	Swindon	SW4076	3