

Individual Best Times (All Time)

Katie King - (753895) - City of Norwich SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.04	29.30	485	04/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	ER150080	1
100 Freestyle	1:06.71	1:05.40	465	03/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	ER150080	1
200 Freestyle	2:35.45	2:33.20	382	19/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	ER4035	1
50 Backstroke	35.85	35.30	420	05/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	ER150080	1
200 Backstroke	2:55.47	2:53.60	345	18/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	ER4035	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.50	30.20	469	11/04/15	City of Cambridge April Last Chance Regional Q	Cambridge	ER150480	3
100 Freestyle	1:04.36	1:05.60	475	11/04/15	City of Cambridge April Last Chance Regional Q	Cambridge	ER150480	3
200 Freestyle	2:23.15	2:25.60	457	12/04/15	City of Cambridge April Last Chance Regional Q	Cambridge	ER150480	3
400 Freestyle	4:56.90	5:01.60	472	12/04/15	City of Cambridge April Last Chance Regional Q	Cambridge	ER150480	3
800 Freestyle	11:09.51	11:18.10	362	09/07/14	Norwich Swan SC Club Championships	Wymondham	ER4745	4
50 Breaststroke	40.01	40.80	356	10/04/15	City of Cambridge April Last Chance Regional Q	Cambridge	ER150480	3
100 Breaststroke	1:39.63	1:40.90	245	12/01/14	Sudbury & District January Time Trials	Sudbury	ER4127	3
200 Breaststroke	3:30.83	3:33.30	260	12/01/14	Sudbury & District January Time Trials	Sudbury	ER4127	3
50 Butterfly	36.79	37.30	291	17/01/15	UEA City of Norwich January Resolution Meet	Norwich	ER150082	3
50 Backstroke	35.79	36.30	351	07/03/15	Norfolk County Championships	Thetford	CC150391	2
100 Backstroke	1:17.52	1:18.60	355	08/03/15	Norfolk County Championships	Thetford	CC150391	2
200 Backstroke	2:37.45	2:39.60	431	11/04/15	City of Cambridge April Last Chance Regional Q	Cambridge	ER150480	3
200 Individual Medley	2:46.21	2:48.60	394	12/04/15	City of Cambridge April Last Chance Regional Q	Cambridge	ER150480	3
100 Individual Medley	1:17.42	1:17.40	388	17/01/15	UEA City of Norwich January Resolution Meet	Norwich	ER150082	3