

Individual Best Times (All Time)

Oscar Cruz-O'dwyer - (753052) - Sutton & Cheam SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.26	28.50	364	14/05/16	Team Luton May Long Course Meet	Luton	ER160180	1
100 Freestyle	1:12.43	1:11.30	270	30/11/13	Portsmouth Northsea Cracker Meet	Portsmouth	SE3784	1
200 Freestyle	2:31.34	2:29.00	306	01/12/13	Portsmouth Northsea Cracker Meet	Portsmouth	SE3784	1
400 Freestyle	4:55.40	4:50.60	413	22/02/15	Surrey Age Group Championships	Guildford	CC150302	1
1500 Freestyle	19:33.78	19:16.10	408	06/02/16	Surrey County ASA Age Group Championships 2016	Guildford	LR160382	1
50 Breaststroke	37.63	36.80	327	27/02/16	Surrey County ASA Age Group Championships 2016	Crystal Palace	LR160384	1
100 Breaststroke	1:20.41	1:18.80	353	14/05/16	Team Luton May Long Course Meet	Luton	ER160180	1
200 Breaststroke	2:54.78	2:51.70	370	14/05/16	Team Luton May Long Course Meet	Luton	ER160180	1
50 Butterfly	29.39	28.70	435	25/02/17	Surrey Age Group Championships	Crystal Palace	LR170178	1
100 Butterfly	1:04.38	1:03.20	453	30/04/17	2017 London Swimming Regional Youth Championships	Stratford	LR170800	1
200 Butterfly	2:33.93	2:31.90	368	11/02/17	Surrey Age Group Championships	Guildford	LR170177	1
50 Backstroke	33.22	32.60	356	28/02/16	Surrey County ASA Age Group Championships 2016	Crystal Palace	LR160384	1
100 Backstroke	1:10.95	1:09.80	384	06/02/16	Surrey County ASA Age Group Championships 2016	Guildford	LR160382	1
200 Backstroke	2:30.89	2:28.70	408	09/04/16	London Region Summer Championships	London	LR160414	1
200 Individual Medley	2:29.55	2:26.90	442	19/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	SE160096	1
400 Individual Medley	5:17.32	5:11.70	446	19/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	SE160096	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.95	28.70	375	11/12/16	Sutton & Cheam Santa's Splash	Carshalton	LR162155	4
100 Freestyle	1:02.33	1:03.70	372	17/01/16	London Borough of Sutton Borough Championships	Carshalton	LR160341	4
200 Freestyle	2:15.32	2:17.90	395	09/07/16	Sutton & Cheam Summertime Splash	Carshalton	LR161124	3
400 Freestyle	4:51.14	4:55.90	387	18/04/15	Ealing L3 April Open Meet 2015	Northolt	ER150129	3
1500 Freestyle	19:03.57	19:21.50	406	15/11/15	Sutton & Cheam SC 2015 Club Championships	Kingswood	LR151795	4
50 Breaststroke	37.20	38.00	301	17/01/16	London Borough of Sutton Borough Championships	Carshalton	LR160341	4
100 Breaststroke	1:17.23	1:18.80	366	04/02/17	Surrey Age Group Championships	Guildford	LR170176	2
200 Breaststroke	2:46.33	2:49.50	377	26/11/16	Bexley Short Course Meet	Bexleyheath	LR160462	3
50 Butterfly	29.33	30.00	407	11/12/16	Sutton & Cheam Santa's Splash	Carshalton	LR162155	4
100 Butterfly	1:03.76	1:04.90	420	10/12/16	NASLS - Round 3	Horsham	SE162559	3
200 Butterfly	2:23.09	2:25.30	416	19/11/16	Guildford L2 Winter Qualifier Champs	Guildford	SE161280	2
50 Backstroke	31.74	32.40	338	11/12/16	Sutton & Cheam Santa's Splash	Carshalton	LR162155	4
100 Backstroke	1:09.17	1:10.30	341	17/01/16	London Borough of Sutton Borough Championships	Carshalton	LR160341	4
200 Backstroke	2:25.47	2:27.70	382	14/02/16	Surrey County Age Group Championships 2016	Guildford	LR160383	2
200 Individual Medley	2:23.67	2:26.40	444	20/11/16	Guildford L2 Winter Qualifier Champs	Guildford	SE161280	2
400 Individual Medley	5:00.03	5:05.80	479	19/11/16	Guildford L2 Winter Qualifier Champs	Guildford	SE161280	2
100 Individual Medley	1:09.40	1:09.40	358	06/12/15	Woking December Dasher A B Grade Open Meet	Woking	SE151688	3