

Individual Best Times (All Time)

Sam Delatouche - (751885) - Erith & District SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.58	25.80	486	14/02/16	Kent Swimming Championships 2016	London	SE160331	1
100 Freestyle	1:00.04	58.60	475	07/02/16	Kent Swimming Championships 2016	Crystal Palace	SE160330	1
200 Freestyle	2:25.98	2:23.60	341	27/04/14	Bexley Long Course Open Meet	London	LR4393	1
50 Breaststroke	33.86	32.90	450	13/02/16	Kent Swimming Championships 2016	London	SE160331	1
100 Breaststroke	1:23.56	1:22.00	315	27/04/14	Bexley Long Course Open Meet	London	LR4393	1
50 Backstroke	31.31	30.70	425	12/02/17	Kent Swimming Championships	London Aquatics	SE170174	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.17	27.00	457	22/02/15	2015 Kent County Swimming Championships	Gillingham	CC150171	2
100 Freestyle	58.24	59.70	456	07/03/15	2015 Kent County Swimming Championships	Gillingham	CC150173	2
200 Freestyle	2:08.47	2:11.10	462	03/12/23	Erith & District SC Club Championships 2023	Crook Log	LR230938	4
400 Freestyle	4:51.28	4:56.10	386	07/11/23	Erith & District SC Club Championships 2023	Erith	LR230939	4
1500 Freestyle	21:06.29	21:22.50	299	06/11/14	Erith & District Club Championships	Erith	LR14020	4
50 Breaststroke	33.22	34.20	423	03/12/23	Erith & District SC Club Championships 2023	Crook Log	LR230938	4
100 Breaststroke	1:12.69	1:14.40	439	10/12/23	Erith & District SC Club Championships 2023	Crook Log	LR230943	4
200 Breaststroke	2:53.43	2:56.40	332	15/10/15	Erith & District Club Champs	Erith	LR151489	4
50 Butterfly	29.63	30.30	395	26/11/17	EDSC Club Championships 2017	Crook Log	LR171964	4
100 Butterfly	1:06.31	1:07.40	374	10/12/23	Erith & District SC Club Championships 2023	Crook Log	LR230943	4
200 Butterfly	2:48.28	2:50.10	255	23/10/14	Erith & District Club Championships	Erith	LR14019	4
50 Backstroke	29.89	30.60	404	15/10/23	Erith & District SC Club Championships 2023	Crook Log	LR230935	4
100 Backstroke	1:03.19	1:04.40	447	10/12/16	NASLS - Round 3	Gillingham	SE162560	3
200 Backstroke	2:28.97	2:31.20	356	07/11/23	Erith & District SC Club Championships 2023	Erith	LR230939	4
200 Individual Medley	2:30.50	2:33.10	386	03/12/23	Erith & District SC Club Championships 2023	Crook Log	LR230938	4
400 Individual Medley	5:32.69	5:37.90	351	16/10/14	Erith & District Club Championships 2014	Erith	LR14018	4
100 Individual Medley	1:04.88	1:04.90	438	15/10/23	Erith & District SC Club Championships 2023	Crook Log	LR230935	4