

Individual Best Times (All Time)

Jack Buswell - (750950) - Northampton Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.80	26.00	474	10/03/18	UBSC National Qualifier Level 1 Open Meet	Hengrove	SW180292	1
100 Freestyle	56.56	55.10	568	25/02/17	NASA 2017 County Championships	Corby	EM170549	1
200 Freestyle	1:59.24	1:56.30	625	18/05/19	SE East Midlands Region Champs 2019 Gala 3	Sheffield	EM191625	1
400 Freestyle	4:04.93	3:59.20	725	04/08/18	Swim England National Summer Meet	Sheffield	ENG009	1
800 Freestyle	8:28.72	8:17.30	701	02/08/18	Swim England National Summer Meet	Sheffield	ENG009	1
1500 Freestyle	16:09.08	15:47.60	726	25/07/19	British Summer Championships	Glasgow	BSW011	1
50 Breaststroke	35.34	34.40	395	27/01/19	2019 NASA County Championships	Corby	EM190543	1
100 Breaststroke	1:10.62	1:08.80	522	18/05/19	SE East Midlands Region Champs 2019 Gala 3	Sheffield	EM191625	1
200 Breaststroke	2:30.07	2:26.50	584	19/05/19	SE East Midlands Region Champs 2019 Gala 3	Sheffield	EM191625	1
50 Butterfly	29.12	28.50	447	25/03/16	Portsmouth Northsea Easter Festival	Portsmouth	SE160363	1
100 Butterfly	1:05.39	1:04.20	432	11/03/17	Wycombe Long Course Premier Open Meet	Wycombe	SE170384	1
200 Butterfly	2:18.50	2:16.20	505	01/05/16	ASA East Midland Region Swimming Champs	Sheffield	EM160780	1
50 Backstroke	30.72	30.10	450	09/02/19	2019 NASA County Championships	Corby	EM190544	1
100 Backstroke	1:06.31	1:05.10	471	23/01/16	Northamptonshire County Championships	Corby	EM160443	1
200 Backstroke	2:19.91	2:17.50	511	30/04/16	ASA East Midland Region Swimming Champs	Sheffield	EM160780	1
200 Individual Medley	2:15.28	2:12.30	598	01/04/18	Beckenham SC 125th Anniversary International Open	London	LR180255	1
400 Individual Medley	4:37.10	4:30.70	670	31/07/18	Swim England National Summer Meet	Sheffield	ENG009	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.78	26.60	478	24/06/18	Hatfield Summer Meet 2018	Herts Sports Village	ER181098	2
100 Freestyle	54.24	55.80	564	16/11/19	The Leicester Open 2019	Braunstone	EM193161	2
200 Freestyle	1:56.79	1:59.70	615	02/11/19	Midlands Winter Short Course Championships 2019	Nottingham	EM193013	2
400 Freestyle	4:01.66	4:07.40	677	03/11/19	Midlands Winter Short Course Championships 2019	Nottingham	EM193013	2
1500 Freestyle	15:51.18	16:12.60	705	20/10/18	Manchester International Swim Meet (MISM) 2018	Manchester	NW180649	2
50 Breaststroke	32.76	33.70	441	23/06/18	Hatfield Summer Meet 2018	Herts Sports Village	ER181098	2
100 Breaststroke	1:09.84	1:11.60	495	20/10/18	Manchester International Swim Meet (MISM) 2018	Manchester	NW180649	2
200 Breaststroke	2:27.88	2:31.40	536	24/06/18	Hatfield Summer Meet 2018	Herts Sports Village	ER181098	2
50 Butterfly	28.27	28.90	455	23/06/18	Hatfield Summer Meet 2018	Herts Sports Village	ER181098	2
100 Butterfly	1:01.43	1:02.70	470	23/06/18	Hatfield Summer Meet 2018	Herts Sports Village	ER181098	2
200 Butterfly	2:13.50	2:15.80	512	03/11/19	Midlands Winter Short Course Championships 2019	Nottingham	EM193013	2
50 Backstroke	29.94	30.60	402	28/09/19	Northampton & City of Leic Early Season Sprint	Braunstone	EM192138	4
100 Backstroke	1:03.14	1:04.40	448	16/12/17	Northampton Winter Festival	Rugby	EM171978	3
200 Backstroke	2:11.74	2:14.20	515	22/09/19	Derventio Excel 9th Short Course Open Meet	Matlock	EM191239	2
200 Individual Medley	2:10.08	2:13.10	598	16/11/18	The 2018 Leicester Open	Braunstone	EM181420	2
400 Individual Medley	4:31.72	4:38.10	645	17/11/19	The Leicester Open 2019	Braunstone	EM193161	2
100 Individual Medley	1:02.68	1:02.70	485	28/09/19	Northampton & City of Leic Early Season Sprint	Braunstone	EM192138	4