

# Individual Best Times (All Time)

Allison Findlay - (750318) - Edinburgh University

## Long Course

| Stroke                | LC Time  | Converted to SC | LC WA Pts | Date     | Meet  | Venue              | Licence | Level |
|-----------------------|----------|-----------------|-----------|----------|---|--------------------|---------|-------|
| 50 Freestyle          | 30.51    | 29.80           | 463       | 27/04/18 | East Kilbride Long Course Open Age Group Meet | Dollan Aqua Centre | SCO1453 | 1     |
| 100 Freestyle         | 1:06.98  | 1:05.70         | 460       | 28/04/18 | East Kilbride Long Course Open Age Group Meet | Dollan Aqua Centre | SCO1453 | 1     |
| 200 Freestyle         | 2:23.96  | 2:21.50         | 481       | 17/02/18 | 2018 WD Long Course Championships - Round 2   | Glasgow            | SCO1423 | 1     |
| 400 Freestyle         | 5:05.86  | 5:01.20         | 455       | 28/04/18 | East Kilbride Long Course Open Age Group Meet | Dollan Aqua Centre | SCO1453 | 1     |
| 800 Freestyle         | 10:26.21 | 10:16.90        | 463       | 07/03/15 | SASA West District SAG Championship           | East Kilbride      | SCO949  | 1     |
| 100 Breaststroke      | 1:32.41  | 1:31.00         | 334       | 08/02/14 | 2014 SASA West District LC JAG Champs         | East Kilbride      | SCO808  | 1     |
| 200 Breaststroke      | 3:19.99  | 3:17.30         | 325       | 04/06/16 | East Kilbride Long Course Open Age Group Meet | East Kilbride      | SCO1139 | 2     |
| 50 Butterfly          | 34.10    | 33.50           | 367       | 27/04/18 | East Kilbride Long Course Open Age Group Meet | Dollan Aqua Centre | SCO1453 | 1     |
| 100 Butterfly         | 1:17.25  | 1:16.30         | 370       | 05/03/17 | 2017 SASA West District LC AG R3 Championship | East Kilbride      | SCO1257 | 1     |
| 200 Butterfly         | 2:53.45  | 2:51.60         | 346       | 05/03/17 | 2017 SASA West District LC AG R3 Championship | East Kilbride      | SCO1257 | 1     |
| 200 Backstroke        | 2:50.62  | 2:48.70         | 375       | 28/04/18 | East Kilbride Long Course Open Age Group Meet | Dollan Aqua Centre | SCO1453 | 1     |
| 400 Individual Medley | 5:50.51  | 5:45.50         | 436       | 05/03/17 | 2017 SASA West District LC AG R3 Championship | East Kilbride      | SCO1257 | 1     |

## Short Course

| Stroke                | SC Time  | Converted to LC | SC WA Pts | Date     | Meet  | Venue          | License | Level |
|-----------------------|----------|-----------------|-----------|----------|---|----------------|---------|-------|
| 50 Freestyle          | 31.20    | 31.90           | 396       | 14/06/15 | Open Age Group and Senior Meet 2015         | Glasgow        | SCO1002 | 2     |
| 100 Freestyle         | 1:05.91  | 1:07.20         | 443       | 30/10/16 | 2016 SASA West District SC SAG Championship | Glasgow        | SCO1199 | 1     |
| 200 Freestyle         | 2:19.55  | 2:22.00         | 493       | 29/10/16 | 2016 SASA West District SC SAG Championship | Glasgow        | SCO1199 | 1     |
| 400 Freestyle         | 4:53.83  | 4:58.60         | 487       | 12/02/17 | North Ayrshire 200 Meet                     | Auchenharvie   | SCO1242 | 2     |
| 800 Freestyle         | 10:01.89 | 10:11.40        | 499       | 29/10/16 | 2016 SASA West District SC SAG Championship | Glasgow        | SCO1199 | 1     |
| 50 Breaststroke       | 41.70    | 42.40           | 314       | 06/09/14 | 2014 SASA West District SC SR Championships | Bellshill      | SCO878  | 2     |
| 100 Breaststroke      | 1:27.93  | 1:29.40         | 356       | 28/02/16 | EKASC Accredited Time Trial 2016            | Larkhall       | SCO1091 | 2     |
| 200 Breaststroke      | 3:10.90  | 3:13.70         | 350       | 26/11/16 | Dumfries Advent Open 2016                   | Dumfries       | SCO1208 | 2     |
| 50 Butterfly          | 33.55    | 34.10           | 383       | 26/08/17 | 2017 SS West District SC Sprints and Relay  | Ayr            | SCO1326 | 1     |
| 100 Butterfly         | 1:15.30  | 1:16.30         | 369       | 08/11/17 | South Lanarkshire Schools 2017              | Larkhill LC    | SCO1372 | 2     |
| 200 Butterfly         | 2:47.53  | 2:49.40         | 363       | 11/02/17 | North Ayrshire 200 Meet                     | Auchenharvie   | SCO1242 | 2     |
| 50 Backstroke         | 39.90    | 40.40           | 253       | 24/03/13 | Cumbernauld Age Group Open & Senior Meet    | Cumbernauld    | SCO709  | 2     |
| 100 Backstroke        | 1:18.87  | 1:19.90         | 337       | 26/04/15 | South Ayrshire Open Meet                    | South Ayrshire | SCO968  | 2     |
| 200 Backstroke        | 2:45.06  | 2:47.10         | 374       | 12/02/17 | North Ayrshire 200 Meet                     | Auchenharvie   | SCO1242 | 2     |
| 200 Individual Medley | 2:43.57  | 2:46.00         | 413       | 25/04/15 | South Ayrshire Open Meet                    | South Ayrshire | SCO968  | 2     |
| 400 Individual Medley | 5:38.95  | 5:44.10         | 445       | 30/10/16 | 2016 SASA West District SC SAG Championship | Glasgow        | SCO1199 | 1     |
| 100 Individual Medley | 1:20.97  | 1:21.00         | 339       | 06/09/14 | 2014 SASA West District SC SR Championships | Bellshill      | SCO878  | 2     |