

Individual Best Times (All Time)

Anna Thompson - (750089) - Arun Tridents SC

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|---------|-----------------|-----------|----------|---|--------------|----------|-------|
| 50 Freestyle | 35.44 | 36.00 | 270 | 29/11/14 | Littlehampton Club Championships 2014 | Bognor Regis | SE14477 | 4 |
| 100 Freestyle | 1:24.70 | 1:25.70 | 208 | 01/12/14 | Littlehampton Club Championships 2014 | Bognor Regis | SE14478 | 4 |
| 200 Freestyle | 3:21.26 | 3:23.00 | 164 | 29/11/14 | Littlehampton Club Championships 2014 | Bognor Regis | SE14477 | 4 |
| 400 Freestyle | 6:50.06 | 6:53.50 | 179 | 30/11/14 | Littlehampton Club Championships 2014 | Bognor Regis | SE14479 | 4 |
| 50 Breaststroke | 51.64 | 52.20 | 165 | 29/11/14 | Littlehampton Club Championships 2014 | Bognor Regis | SE14477 | 4 |
| 100 Breaststroke | 1:54.83 | 1:55.90 | 160 | 12/04/15 | Littlehampton Last Chance Regional Qualifier | Bognor Regis | SE150322 | 3 |
| 200 Breaststroke | 4:19.77 | 4:21.80 | 139 | 28/09/14 | Littlehampton Development Chaser Open Meet | Bognor Regis | SE4930 | 3 |
| 50 Butterfly | 47.82 | 48.20 | 132 | 01/12/14 | Littlehampton Club Championships 2014 | Bognor Regis | SE14478 | 4 |
| 100 Butterfly | 2:01.16 | 2:01.80 | 88 | 29/11/14 | Littlehampton Club Championships 2014 | Bognor Regis | SE14477 | 4 |
| 50 Backstroke | 45.74 | 46.20 | 168 | 25/05/14 | The Vanessa Knight Memorial Open Meet | Bognor Regis | SE4504 | 3 |
| 100 Backstroke | 1:43.67 | 1:44.40 | 148 | 29/11/14 | Littlehampton Club Championships 2014 | Bognor Regis | SE14477 | 4 |
| 200 Backstroke | 3:40.48 | 3:42.00 | 156 | 06/04/14 | Littlehampton Last Chance Regional Qualifier 2014 | Felpham | SE4369 | 3 |
| 200 Individual Medley | 3:37.76 | 3:39.60 | 175 | 04/01/15 | Littlehampton Splash 2015 | Bognor Regis | SE150148 | 3 |
| 100 Individual Medley | 1:39.83 | 1:39.80 | 181 | 13/09/14 | Ken Deeley 50m Sprint Meet | Brighton | SE4658 | 3 |