

Individual Best Times (All Time)

Ben Hunt - (750004) - Hoddesdon SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.05	25.20	517	03/02/18	Essex Age Group Championships 2018	London	ER180155	1
100 Freestyle	58.37	56.90	517	29/10/17	Essex Senior Winter Championships 2017	Basildon	ER171405	1
200 Freestyle	2:20.54	2:18.00	382	05/10/14	Robin Hood Open Meet 2014	Sheffield	EM4455	1
1500 Freestyle	21:33.42	21:17.30	305	09/03/13	Hertfordshire County Championships	Luton	CC3087	1
50 Butterfly	28.13	27.40	496	29/10/17	Essex Senior Winter Championships 2017	Basildon	ER171405	1
100 Butterfly	1:06.19	1:05.00	416	28/10/17	Essex Senior Winter Championships 2017	Basildon	ER171405	1
50 Backstroke	30.18	29.50	475	03/02/18	Essex Age Group Championships 2018	London	ER180155	1
100 Backstroke	1:06.41	1:05.20	469	15/05/16	Team Luton May Long Course Meet	Luton	ER160180	1
200 Backstroke	2:25.58	2:23.30	454	14/05/16	Team Luton May Long Course Meet	Luton	ER160180	1
200 Individual Medley	2:34.14	2:31.60	404	25/11/17	Romford Town Early County Qualifier	London Aquatics	LR171748	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.57	26.40	490	09/09/17	Harlow Penguins Club Championships	Harlow	ER172117	4
100 Freestyle	56.46	57.90	500	09/12/17	NASL - London Rounds 2017 - Premier Division	Harlow	ER172138	4
200 Freestyle	2:12.65	2:15.20	420	04/07/15	Hoddesdon Club Championships 2015	Hoddesdon	ER151229	4
400 Freestyle	4:46.50	4:51.40	406	06/07/15	Hoddesdon Club Championships 2015	Hoddesdon	ER151231	4
50 Breaststroke	34.23	35.10	387	09/09/17	Harlow Penguins Club Championships	Harlow	ER172117	4
100 Breaststroke	1:16.61	1:18.20	375	24/09/17	Epping Forest District Season Opener Gala 2017	Loughton	ER171252	3
200 Breaststroke	3:09.84	3:12.60	253	11/06/13	Hoddesdon SC 200 & 400 Club Championships	Hoddesdon	ER3566	4
50 Butterfly	28.41	29.10	448	09/09/17	Harlow Penguins Club Championships	Harlow	ER172117	4
100 Butterfly	1:04.98	1:06.10	397	24/09/17	Epping Forest District Season Opener Gala 2017	Loughton	ER171252	3
200 Butterfly	2:46.65	2:48.50	263	05/07/15	Hoddesdon Club Championships 2015	Hoddesdon	ER151230	4
50 Backstroke	29.29	30.00	430	09/09/17	Harlow Penguins Club Championships	Harlow	ER172117	4
100 Backstroke	1:03.51	1:04.80	440	18/11/17	Harlow Penguins 2017 Winter Open Meet	Harlow	ER172064	3
200 Backstroke	2:19.40	2:21.80	435	07/07/15	Hoddesdon Club Championships 2015	Hoddesdon	ER151232	4
200 Individual Medley	2:28.97	2:31.60	398	19/09/15	7th Hoddesdon Open Meet	Borehamwood	ER150483	3
400 Individual Medley	5:29.75	5:35.00	361	04/07/15	Hoddesdon Club Championships 2015	Hoddesdon	ER151229	4
100 Individual Medley	1:07.57	1:07.60	387	17/04/16	Thurrock Essex & Regional Qualifier 2016	Thurrock	ER160045	3