

Individual Best Times (All Time)

Constance Willett - (749830) - City of Canterbury SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Backstroke	38.14	37.60	349	18/12/11	Hillingdon Winter Open Meet	Hillingdon	LR1382	1
200 Backstroke	2:59.74	2:57.90	321	18/12/11	Hillingdon Winter Open Meet	Hillingdon	LR1382	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.16	34.80	302	16/09/12	Canterbury SC Club Championships	Canterbury	SE2682	4
100 Freestyle	1:10.05	1:11.20	369	14/09/14	City of Canterbury SC Club Championships 2014	Canterbury	SE14109	4
200 Freestyle	2:34.58	2:36.80	363	29/12/12	City of Canterbury Christmas Open Meet	Canterbury	SE2851	3
400 Freestyle	5:36.81	5:41.00	323	02/10/11	East Invicta Championships	Canterbury	SE1486	2
50 Breaststroke	49.91	50.50	183	25/06/11	White Cliffs Invitation Meet	Dover	SE1391	4
200 Breaststroke	3:57.76	4:00.00	181	22/01/11	Bishop's Stortford 3rd 200 Open Meet	Braintree	ER1030	3
50 Butterfly	35.28	35.80	330	29/12/12	City of Canterbury Christmas Open Meet	Canterbury	SE2851	3
100 Butterfly	1:27.12	1:28.00	238	08/01/12	Icebreaker 2012	Canterbury	SE2072	3
200 Butterfly	3:28.26	3:29.80	189	22/01/11	Bishop's Stortford 3rd 200 Open Meet	Braintree	ER1030	3
50 Backstroke	36.35	36.90	335	29/12/12	City of Canterbury Christmas Open Meet	Canterbury	SE2851	3
100 Backstroke	1:20.80	1:21.80	313	16/09/12	Canterbury SC Club Championships	Canterbury	SE2682	4
200 Backstroke	2:46.85	2:48.80	362	29/12/12	City of Canterbury Christmas Open Meet	Canterbury	SE2851	3
200 Individual Medley	3:05.46	3:07.60	283	07/01/12	Icebreaker 2012	Canterbury	SE2072	3
400 Individual Medley	6:30.26	6:34.70	292	08/01/12	Icebreaker 2012	Canterbury	SE2072	3
100 Individual Medley	1:27.14	1:27.10	272	02/10/11	East Invicta Championships	Canterbury	SE1486	2