

Individual Best Times (All Time)

Scott Lilburn - (748654) - Falkirk Otters ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.72	25.90	479	26/05/17	East District Long Course Open Meet	Edinburgh	SCO1301	1
100 Freestyle	57.17	55.70	550	29/06/17	Scottish National Open Championships	Aberdeen	SCO1320	1
200 Freestyle	2:07.23	2:04.50	515	17/07/16	Scottish Summer Meet	Aberdeen	SCO1157	1
400 Freestyle	4:34.24	4:29.10	516	03/04/15	Scottish National Age Group Championships	Aberdeen	SCO959	1
800 Freestyle	9:38.33	9:28.30	477	05/04/14	Scottish Gas National Open Championships	Glasgow	SCO825	1
1500 Freestyle	18:13.90	17:54.90	504	02/03/14	SASA West District Open SAG Champs	East Kilbride	SCO814	1
100 Breaststroke	1:30.41	1:29.00	249	10/02/13	Derventio February Festival	Sheffield	EM3053	1
200 Breaststroke	2:59.01	2:56.00	344	29/07/13	Swim Wales Summer Nationals	Swansea	WAL511	1
50 Butterfly	27.22	26.50	547	18/02/18	2018 WD Long Course Championships - Round 2	Glasgow	SCO1423	1
100 Butterfly	1:01.48	1:00.20	520	31/03/18	Scottish National Age Group Championships	Tollcross	SCO1441	1
200 Butterfly	2:19.33	2:17.00	496	29/03/18	Scottish National Age Group Championships	Tollcross	SCO1441	1
100 Backstroke	1:17.57	1:16.50	294	10/04/13	SG National Age Group Championships	Edinburgh	SCO710	1
200 Backstroke	2:43.43	2:41.40	321	12/04/13	SG National Age Group Championships	Edinburgh	SCO710	1
200 Individual Medley	2:22.99	2:20.20	506	18/02/18	2018 WD Long Course Championships - Round 2	Glasgow	SCO1423	1
400 Individual Medley	5:11.44	5:05.80	472	30/05/15	East District Open with SASA Grand Prix	Edinburgh	SCO984	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.95	27.70	418	09/01/16	FIRST Open Meet 2016	Bathgate	SCO1067	2
100 Freestyle	54.56	56.10	555	09/12/17	Scottish National Short Course Open Champs	Edinburgh	SCO1389	2
200 Freestyle	1:58.17	2:01.10	594	10/12/17	Scottish National Short Course Open Champs	Edinburgh	SCO1389	2
400 Freestyle	4:26.18	4:31.40	507	15/02/15	Sharks Open Meet	Bellshill	SCO955	2
800 Freestyle	9:16.53	9:26.80	505	01/02/14	North Ayrshire 200 Meet	Auchenharvie	SCO805	2
1500 Freestyle	18:45.11	19:03.30	426	18/11/12	2012 WD Short Course Championships JAG	Cumbernauld	SCO672	1
50 Breaststroke	42.78	43.50	198	13/11/11	Aberdeen Mitchell Trophy 2011	Inverness	SCO561	2
100 Breaststroke	1:18.10	1:19.70	354	02/11/14	SASA West District SAG Championships	Ayr	SCO894	1
200 Breaststroke	2:49.23	2:52.30	357	24/01/15	FIRST Open Meet	Bathgate	SCO928	2
50 Butterfly	27.51	28.20	494	10/12/17	Scottish National Short Course Open Champs	Edinburgh	SCO1389	2
100 Butterfly	59.34	1:00.60	522	08/12/17	Scottish National Short Course Open Champs	Edinburgh	SCO1389	2
200 Butterfly	2:13.13	2:15.50	517	09/12/17	Scottish National Short Course Open Champs	Edinburgh	SCO1389	2
50 Backstroke	36.18	36.70	228	24/11/12	Falkirk Otter FIRST Graded Meet 2012	Falkirk	SCO668	2
100 Backstroke	1:06.38	1:07.60	385	03/09/17	Central Swimming Championships	Grangemouth	SCO1327	2
200 Backstroke	2:26.40	2:28.70	375	15/11/14	COAST Grand Prix	Aberdeen	SCO907	1
200 Individual Medley	2:17.52	2:20.40	506	29/10/17	2017 SS West District SC Senior Age Group	Grangemouth	SCO1359	1
400 Individual Medley	5:02.01	5:07.80	469	01/11/14	SASA West District SAG Championships	Ayr	SCO894	1
100 Individual Medley	1:09.94	1:09.90	349	24/01/15	FIRST Open Meet	Bathgate	SCO928	2