

Individual Best Times (All Time)

Anna Hedley - (748617) - Teddington SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.02	31.40	400	04/02/18	East District Age Groups 2018 Round 3	Edinburgh	SCO1419	1
100 Freestyle	1:08.80	1:07.60	424	03/02/18	East District Age Groups 2018 Round 3	Edinburgh	SCO1419	1
50 Breaststroke	44.40	43.70	283	04/02/17	East District Age Groups Finals	Edinburgh	SCO1234	1
100 Breaststroke	1:35.67	1:34.30	301	05/02/17	East District Age Groups Finals	Edinburgh	SCO1234	1
50 Butterfly	33.91	33.30	373	03/02/18	East District Age Groups 2018 Round 3	Edinburgh	SCO1419	1
100 Butterfly	1:20.50	1:19.50	327	01/04/17	Scottish National Age Group Championships	Aberdeen	SCO1270	1
200 Butterfly	3:01.22	2:59.50	303	31/03/17	Scottish National Age Group Championships	Aberdeen	SCO1270	1
50 Backstroke	36.26	35.70	406	04/02/18	East District Age Groups 2018 Round 3	Edinburgh	SCO1419	1
100 Backstroke	1:15.23	1:14.20	442	10/02/19	Swim Scotland East District Age Groups 2019	Edinburgh	SCO1596	1
200 Individual Medley	2:51.37	2:49.00	398	02/02/18	East District Age Groups 2018 Round 3	Edinburgh	SCO1419	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.93	30.60	449	08/02/20	Carnegie Open Spring Age Group Meet 2020	Michael Woods Centre	SCO1785	2
100 Freestyle	1:05.18	1:06.50	458	19/09/19	Step Rock L2 Time Trial	St Andrews	SCO1710	2
200 Freestyle	2:22.74	2:25.20	461	08/02/20	Carnegie Open Spring Age Group Meet 2020	Michael Woods Centre	SCO1785	2
400 Freestyle	4:54.73	4:59.50	483	08/02/20	Carnegie Open Spring Age Group Meet 2020	Michael Woods Centre	SCO1785	2
800 Freestyle	10:08.78	10:18.20	482	25/05/19	InCAS Distance Meet	Michael Woods Centre	SCO1671	2
1500 Freestyle	19:51.58	20:08.80	442	27/05/18	InCAS Distance Gala 2018	Glenrothes	SCO1496	2
50 Breaststroke	40.90	41.70	333	19/09/19	Step Rock L2 Time Trial	St Andrews	SCO1710	2
100 Breaststroke	1:29.96	1:31.40	333	05/11/17	Carnegie Winter Graded Meet 2017	Dunfermline	SCO1363	2
200 Breaststroke	3:11.41	3:14.20	347	19/02/17	Carnegie Open Spring Age Group Meet 2017	Glenrothes	SCO1246	2
50 Butterfly	33.36	33.90	390	19/09/19	Step Rock L2 Time Trial	St Andrews	SCO1710	2
100 Butterfly	1:14.90	1:15.90	375	16/12/18	Warrender Graded Meet	Michael Woods Centre	SCO1581	2
200 Butterfly	2:53.65	2:55.50	326	02/06/19	Fife Leagues May 19	Michael Woods Centre	SCO1682	2
50 Backstroke	34.70	35.30	385	22/12/18	East District Age Groups 2018 Round 2	Edinburgh	SCO1578	2
100 Backstroke	1:14.95	1:16.00	392	14/10/18	Carnegie Winter Graded Meet	Michael Woods Centre	SCO1539	2
200 Backstroke	2:35.96	2:38.10	443	26/05/19	InCAS Distance Meet	Michael Woods Centre	SCO1671	2
200 Individual Medley	2:43.99	2:46.40	410	16/12/18	Warrender Graded Meet	Michael Woods Centre	SCO1581	2
400 Individual Medley	5:49.66	5:54.70	406	19/02/17	Carnegie Open Spring Age Group Meet 2017	Glenrothes	SCO1246	2
100 Individual Medley	1:18.74	1:18.70	369	02/09/18	Fife Championships	Glenrothes	SCO1506	2