

# Individual Best Times (All Time)

Rachel Taylor - (746799) - Newcastle SwimTeam

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.63	29.90	457	01/11/14	City of Sunderland Firecracker Meet	Sunderland	NE14446	3
100 Freestyle	1:01.62	1:00.20	590	26/01/19	Chester le Street ASC and Derwentside Burns Meet	Sheffield	NE190005	1
200 Freestyle	2:24.42	2:22.00	477	02/11/14	City of Sunderland Firecracker Meet	Sunderland	NE14446	3
400 Freestyle	4:57.71	4:53.00	494	22/02/14	Northumberland & Durham SA County Champs	Sunderland	CC4065	1
50 Breaststroke	32.20	31.20	742	16/04/19	British Championships 2019	Glasgow	BSW010	1
100 Breaststroke	1:10.93	1:09.10	739	04/05/19	Swim England North East Region Championships (50)	Sheffield	NE190135	1
200 Breaststroke	2:33.41	2:29.90	720	25/07/18	British Summer Championships	Sheffield	BSW006	1
50 Butterfly	31.03	30.40	488	30/01/16	Burns Open Meet 2016	Sheffield	NE160170	1
100 Butterfly	1:13.37	1:12.30	432	14/06/14	ASA North East Region BG Regional AG Champs	Sheffield	NER423	1
200 Butterfly	2:42.00	2:40.00	425	08/02/15	Northumberland & Durham County Championships	Sunderland	NE150630	1
50 Backstroke	34.81	34.20	459	02/02/14	NDSA Championships	Sunderland	CC4064	1
100 Backstroke	1:11.53	1:10.40	514	07/02/15	Northumberland & Durham County Championships	Sunderland	NE150630	1
200 Backstroke	2:33.82	2:31.60	513	01/03/15	Northumberland & Durham County Championships	Sunderland	NE150631	1
200 Individual Medley	2:23.39	2:20.60	680	17/03/19	Edinburgh International	Edinburgh	SCO1626	1
400 Individual Medley	5:09.23	5:03.50	635	07/02/15	Northumberland & Durham County Championships	Sunderland	NE150630	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.83	28.60	559	10/11/18	BUCS Short Course Swimming Championships 2018	Sheffield	NE182328	2
100 Freestyle	1:00.58	1:01.90	570	11/11/18	BUCS Short Course Swimming Championships 2018	Sheffield	NE182328	2
200 Freestyle	2:17.70	2:20.20	514	13/04/14	South Tyneside Spring Meet	South Shields	NE4405	3
400 Freestyle	4:47.16	4:52.00	522	13/04/14	South Tyneside Spring Meet	South Shields	NE4405	3
50 Breaststroke	31.67	32.60	718	15/12/18	SE Winter Championships 2018	Sheffield	ENG012	2
100 Breaststroke	1:08.36	1:10.20	759	14/12/18	SE Winter Championships 2018	Sheffield	ENG012	2
200 Breaststroke	2:27.68	2:31.20	756	16/12/18	SE Winter Championships 2018	Sheffield	ENG012	2
50 Butterfly	32.11	32.70	437	22/09/16	City of Sunderland Club Champs 2016	Sunderland	NE162050	4
100 Butterfly	1:04.58	1:05.70	586	10/11/18	BUCS Short Course Swimming Championships 2018	Sheffield	NE182328	2
200 Butterfly	2:36.87	2:38.90	443	20/10/13	Tynemouth ASC Autumn Gala	Tynemouth	NE3828	3
50 Backstroke	33.35	33.90	434	08/09/13	South Tyneside ASC Autumn Meet	Hebburn	NE3829	3
100 Backstroke	1:11.80	1:12.90	446	07/09/13	South Tyneside ASC Autumn Meet	Hebburn	NE3829	3
200 Backstroke	2:31.15	2:33.30	487	21/04/13	South Tyneside SC April Spring Meet	Hebburn	NE3335	3
200 Individual Medley	2:25.82	2:28.50	583	15/10/21	BOSSS Winter Swim Festival 2021	Billingham	NE210842	2
400 Individual Medley	5:18.70	5:24.20	536	30/11/13	ASA North East Region Senior & Junior Meet	Sunderland	NER327	2
100 Individual Medley	1:08.77	1:08.80	554	10/10/21	Newcastle Swim Team Club Time Trials	Gosforth	NE211123	4