

# Individual Best Times (All Time)

Benjamin Tritton - (746604) - University of Surrey Swimming CI

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	24.29	23.40	637	24/03/24	Guildford City L1 Spring Open Meet 2024	Guildford	SE240177	1
100 Freestyle	58.70	57.30	508	05/02/17	Kent Swimming Championships	Crystal Palace	SE170173	1
200 Freestyle	2:01.64	1:58.80	589	01/08/21	Guildford City SC L3 Summer Open Meet	Surrey Sports Park	SE210200	3
400 Freestyle	4:15.75	4:10.20	637	09/02/20	Surrey Age Group Championships 2020	Crystal Palace	LR200260	1
800 Freestyle	8:43.55	8:32.40	644	29/02/20	Surrey Age Group Championships 2020	London	LR200261	1
1500 Freestyle	16:42.43	16:21.70	656	25/07/19	British Summer Championships	Glasgow	BSW011	1
50 Breaststroke	34.00	33.10	444	10/02/18	Kent Swimming Championships 2018	London	SE180335	1
100 Breaststroke	1:18.03	1:16.40	387	29/01/17	Kent Swimming Championships	Crystal Palace	SE170172	1
200 Breaststroke	2:32.07	2:28.60	561	09/07/22	Guildford City SC Long Course Summer Open Meet	Surrey Sport Park	SE221338	3
50 Butterfly	25.10	24.30	698	06/08/23	Swim England National Summer Meet 2023	Sheffield	ENG028	1
100 Butterfly	58.23	56.90	612	05/02/23	Surrey County Age Group Championships 2023	Guildford	SE230015	1
200 Butterfly	2:12.29	2:09.90	580	08/08/22	Swim England National Summer Meet 2022	Sheffield	ENG024	1
50 Backstroke	30.02	29.30	482	11/02/18	Kent Swimming Championships 2018	London	SE180335	1
100 Backstroke	1:08.97	1:07.80	418	04/02/17	Kent Swimming Championships	Crystal Palace	SE170173	1
200 Backstroke	2:40.84	2:38.80	336	15/06/14	ASA South East Region Age Group Championships	Crawley	SER419	1
200 Individual Medley	2:19.76	2:16.90	542	10/02/18	Kent Swimming Championships 2018	London	SE180335	1
400 Individual Medley	4:43.27	4:37.00	627	05/08/22	Swim England National Summer Meet 2022	Sheffield	ENG024	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	22.88	23.80	684	19/11/23	Guildford City L2 Winter Open Meet 2023	Surrey Sports Park	SE231403	2
100 Freestyle	52.41	54.00	626	04/11/20	Guildford City	Surrey Sports Park	LEX535	0
200 Freestyle	1:56.25	1:59.20	624	02/02/22	University of Surrey League Gala	Guildford	SE220527	4
400 Freestyle	3:59.94	4:05.70	692	03/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2
800 Freestyle	8:37.48	8:48.50	629	16/11/19	BUCS Short Course Swimming Championships 2019	Sheffield	NE193130	2
1500 Freestyle	16:02.06	16:23.20	682	03/11/19	Swim England South East Open Junior Championships	Portsmouth	SE192925	2
50 Breaststroke	30.07	31.10	571	23/06/24	Rushmoor Royals Summer L2 Short Course Open Meet	Aldershot	SE240423	2
100 Breaststroke	1:07.72	1:09.50	543	21/09/19	Maidstone Club Championships 2019	Maidstone	SE192576	4
200 Breaststroke	2:23.02	2:26.70	593	21/12/19	Hillingdon The Fast and The Festive FINIS Meet	Hillingdon	LR192991	2
50 Butterfly	24.54	25.30	696	16/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
100 Butterfly	55.91	57.20	624	02/12/22	National Winter Championships 2022	Sheffield	ENG027	2
200 Butterfly	2:05.77	2:08.30	613	04/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2
50 Backstroke	26.69	27.40	568	07/10/20	Guildford City SC	Guildford	LEX017	0
100 Backstroke	59.27	1:00.60	542	04/11/20	Guildford City	Surrey Sports Park	LEX535	0
200 Backstroke	2:13.64	2:16.10	493	04/01/19	Maidstone Swimming Club Championships 2018	Maidstone Swimming C	SE190055	4
200 Individual Medley	2:07.00	2:10.10	643	03/11/20	Guildford City	Surrey Sports Park	LEX352	0
400 Individual Medley	4:29.20	4:35.60	663	05/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2
100 Individual Medley	58.14	58.10	608	19/11/22	Guildford City SC Level 2 Winter Open	Guildford	SE220865	2