

Individual Best Times (All Time)

Amelia Sykes - (746489) - Great Britain Police

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.61	30.90	416	21/03/15	Lancashire County Age Groups & Championships	Manchester	CC150113	1
100 Freestyle	1:09.28	1:08.10	415	21/03/15	Lancashire County Age Groups & Championships	Manchester	CC150113	1
200 Freestyle	2:29.88	2:27.50	426	22/03/15	Lancashire County Age Groups & Championships	Manchester	CC150113	1
400 Freestyle	5:18.24	5:13.80	404	21/03/15	Lancashire County Age Groups & Championships	Manchester	CC150113	1
50 Breaststroke	36.83	36.00	496	08/02/20	Lancashire County Age Groups & County Champs	Manchester	NW200181	1
100 Breaststroke	1:21.25	1:19.70	491	26/01/20	Lancashire County Age Groups & County Champs	Manchester	NW200179	1
200 Breaststroke	3:05.02	3:02.10	410	03/02/19	Lancs County WPSA Age Groups & Championships 2019	Wavertree	NW190176	1
50 Backstroke	35.87	35.30	419	05/02/17	Lancashire County Championships	Manchester	NW170200	1
200 Individual Medley	2:48.30	2:45.90	420	28/02/15	Lancashire County Age Groups & Championships	Liverpool	CC150112	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.42	30.10	473	07/07/19	Lancaster City 2019 Summer Gala	Salt Ayre	NW192233	4
100 Freestyle	1:05.95	1:07.20	442	01/10/16	North Lancs L2 Age Groups & Champs	Blackpool	NW161714	2
200 Freestyle	2:24.13	2:26.50	448	19/06/16	Lancaster City Summer Club Champs	Lancaster	NW161310	4
400 Freestyle	5:03.95	5:08.50	440	23/05/14	Blackpool Rocks Level 3 Open Meet	Blackpool	NW4243	3
50 Breaststroke	36.42	37.30	472	01/12/18	Warrior of Warrington Percy Mason Memorial Gala	Warrington	NW181785	3
100 Breaststroke	1:20.57	1:22.10	463	18/09/16	Malcolm Wilson Memorial Sprint Meet	Darwen	NW161620	3
200 Breaststroke	2:57.21	3:00.20	437	24/05/14	Blackpool Rocks Level 3 Open Meet	Blackpool	NW4243	3
50 Butterfly	33.68	34.20	379	04/12/16	Warriors of Warrington Percy Mason Memorial Meet	Warrington	NW161509	3
50 Backstroke	34.13	34.70	404	09/12/18	Lancaster City 2018 Winter Club Championships	Lancaster	NW182704	4
100 Backstroke	1:13.96	1:15.00	408	08/12/19	Lancaster City 2019 Winter Gala	Salt Ayre	NW193174	4
200 Backstroke	2:42.58	2:44.60	391	01/12/19	WOW Percy Mason Memorial Gala	Orford Jubilee	NW192516	3
200 Individual Medley	2:41.16	2:43.60	432	02/12/18	Warrior of Warrington Percy Mason Memorial Gala	Warrington	NW181785	3
100 Individual Medley	1:12.79	1:12.80	467	08/12/19	Lancaster City 2019 Winter Gala	Salt Ayre	NW193174	4