

# Individual Best Times (All Time)

Nicole Chandler - (746376) - West Dunbartonshire ASC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.79	28.10	551	14/07/18	Scottish Summer Meet 2018	Aberdeen	SCO1497	1
100 Freestyle	1:03.80	1:02.50	532	30/04/17	ASA East Long Course Championships	Luton	ER170219	1
200 Freestyle	2:20.06	2:17.60	523	30/05/16	ASA East Region Long Course Championships	Luton	ER160821	1
400 Freestyle	4:59.97	4:55.30	483	23/05/15	ASA East Region Summer Championships	Norwich	ER150673	1
800 Freestyle	10:16.06	10:06.60	487	30/01/16	Suffolk County Championships 2016	Norwich	ER160220	1
50 Breaststroke	36.08	35.20	527	29/04/17	ASA East Long Course Championships	Luton	ER170219	1
100 Breaststroke	1:19.37	1:17.80	527	16/04/17	Team Luton April Long Course Meet 2017	Luton	ER170348	1
200 Breaststroke	2:58.71	2:55.70	455	29/04/17	ASA East Long Course Championships	Luton	ER170219	1
50 Backstroke	33.42	32.80	519	05/05/19	Swim England East Region Long Course Champs	Inspire Luton	ER190178	1
100 Backstroke	1:13.50	1:12.40	474	01/05/17	ASA East Long Course Championships	Luton	ER170219	1
200 Backstroke	2:43.15	2:41.10	429	23/05/15	ASA East Region Summer Championships	Norwich	ER150673	1
200 Individual Medley	2:32.18	2:29.60	569	01/05/17	ASA East Long Course Championships	Luton	ER170219	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.73	29.40	508	24/02/19	Suffolk County Championships 2019	Ipswich	ER190366	2
100 Freestyle	1:01.33	1:02.70	550	20/03/16	Teamipswich March Open 2016	Ipswich	ER160137	3
200 Freestyle	2:15.19	2:17.70	543	19/03/16	Teamipswich March Open 2016	Ipswich	ER160137	3
400 Freestyle	4:41.80	4:46.70	552	26/02/17	Suffolk County ASA Championships 2017	Ipswich	ER170396	2
800 Freestyle	10:46.87	10:55.80	402	14/02/15	Suffolk County Championships	Norwich	CC150047	2
50 Breaststroke	35.57	36.40	507	10/02/19	Suffolk County Championships 2019	Ipswich	ER190367	2
100 Breaststroke	1:17.66	1:19.30	517	20/03/16	Teamipswich March Open 2016	Ipswich	ER160137	3
200 Breaststroke	2:46.22	2:49.40	530	18/03/17	Teamipswich March Open 2017	Ipswich	ER170552	3
50 Butterfly	32.31	32.90	429	24/03/19	Teamipswich March Open 2019	Ipswich	ER190275	3
100 Butterfly	1:20.22	1:21.20	305	26/09/15	Teamipswich Club Championships 2015	Ipswich	ER151190	4
50 Backstroke	31.98	32.60	492	03/11/18	Swim England East Region Short Course Championship	Luton	ER180889	2
100 Backstroke	1:09.78	1:10.90	486	11/02/17	Suffolk County ASA Championships 2017	Ipswich	ER170395	2
200 Backstroke	2:32.88	2:35.00	470	14/02/16	Suffolk County Championships 2016	Ipswich	ER160407	2
200 Individual Medley	2:30.34	2:32.90	532	19/03/17	Teamipswich March Open 2017	Ipswich	ER170552	3
100 Individual Medley	1:08.83	1:08.80	553	24/02/19	Suffolk County Championships 2019	Ipswich	ER190366	2