

Individual Best Times (All Time)

Johnny Proctor - (744334) - Sutton & Cheam SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.38	25.60	498	23/02/19	Surrey Age Group Championships 2019	London	LR190271	1
100 Freestyle	57.50	56.00	541	04/11/17	2017 London Swimming Regional Winter Champs	London	LR172075	1
50 Breaststroke	32.56	31.60	506	04/11/17	2017 London Swimming Regional Winter Champs	London	LR172075	1
100 Breaststroke	1:22.20	1:20.70	331	06/02/16	Surrey County ASA Age Group Championships 2016	Guildford	LR160382	1
200 Breaststroke	3:19.22	3:16.50	249	05/10/14	Lis Hartley Long Course Opportunity Meet	Crawley	SE4740	3
50 Butterfly	28.71	28.00	466	17/03/19	Atlantis Regional Chaser 2019	Crawley	SE190154	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.45	26.30	497	04/11/18	2018 London Swimming Regional Winter Champs	London	LR182146	2
100 Freestyle	56.57	58.00	498	12/11/17	Sutton & Cheam Club Championships	Carshalton	LR171340	4
200 Freestyle	2:12.54	2:15.10	421	26/11/16	Bexley Short Course Meet	Bexleyheath	LR160462	3
50 Breaststroke	31.74	32.70	485	03/11/18	2018 London Swimming Regional Winter Champs	London	LR182146	2
100 Breaststroke	1:13.27	1:15.00	429	15/07/17	Sutton & Cheam Summertime Splash 2017	Carshalton	LR170533	3
200 Breaststroke	3:06.61	3:09.40	266	17/10/14	Croydon Amphibians SC Club Championships 2014	Croydon	LR14264	4
50 Butterfly	28.19	28.90	459	06/10/18	Sutton and Cheam Club Championships	Westcroft LC	LR181083	4
50 Backstroke	43.09	43.60	135	05/10/12	Croydon Amphibians Club Championships	Croydon	LR2728	4
100 Backstroke	1:32.78	1:33.60	141	15/06/13	Croydon Borough SA Annual Championships	South Croydon	LR3262	4
200 Individual Medley	2:24.73	2:27.40	434	16/07/17	Sutton & Cheam Summertime Splash 2017	Carshalton	LR170533	3
100 Individual Medley	1:05.05	1:05.10	434	15/07/17	Sutton & Cheam Summertime Splash 2017	Carshalton	LR170533	3