

# Individual Best Times (All Time)

Emily Beatriz Grayson - (743185) - Scarborough Swimming Club

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.66	28.90	504	24/02/18	Yorkshire County Championships	Sheffield	NE180137	1
100 Freestyle	1:04.98	1:03.70	503	12/07/15	Richmond Dales Summer Madness Meet	Leeds	NE150566	3
50 Breaststroke	39.14	38.30	413	24/02/18	Yorkshire County Championships	Sheffield	NE180137	1
100 Breaststroke	1:30.36	1:29.00	357	12/07/15	Richmond Dales Summer Madness Meet	Leeds	NE150566	3
200 Breaststroke	3:47.56	3:45.20	220	20/01/13	City of Leeds New Year Meet	Leeds	NE3218	3
50 Butterfly	34.23	33.70	363	29/11/15	City of Sheffield Snow Frills Meet	Sheffield	NE150210	3
50 Backstroke	35.84	35.30	420	28/11/15	City of Sheffield Snow Frills Meet	Sheffield	NE150210	3
100 Backstroke	1:33.46	1:32.60	230	31/08/13	Worksop Dolphins SC The 29th Dukeries	Sheffield	EM3284	3
200 Individual Medley	2:48.24	2:45.90	421	12/07/15	Richmond Dales Summer Madness Meet	Leeds	NE150566	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.78	29.50	505	05/11/16	ASA North East Region Senior Junior Champs	Sunderland	NE162070	2
100 Freestyle	1:02.89	1:04.20	510	06/11/16	ASA North East Region Senior Junior Champs	Sunderland	NE162070	2
200 Freestyle	2:35.81	2:38.00	354	04/04/15	Kingston upon Hull A B Meet	Hull	NE150397	3
50 Breaststroke	38.60	39.40	397	19/06/16	Scarborough Annual A & B Graded Meet	Scarborough	NE160150	3
100 Breaststroke	1:24.48	1:26.00	402	21/10/17	Yorkshire SA Winter Competition	Sheffield	NE171863	2
200 Breaststroke	3:22.13	3:24.70	295	02/11/13	York City Baths Regional Qualifier	Hull	NE3821	3
50 Butterfly	34.31	34.90	358	31/10/15	York City Baths Early Bird County Qualifier	Hull	NE151856	3
100 Butterfly	1:29.87	1:30.70	217	29/06/14	Beverley Barracudas SC Summer Sprints	Beverley	NE4497	3
50 Backstroke	34.43	35.00	394	16/10/16	Yorkshire SA Winter Competition	Leeds	NE162072	2
100 Backstroke	1:17.46	1:18.50	355	21/06/15	Scarborough Annual A & B Graded Meet 2015	Scarborough	NE150643	3
200 Individual Medley	2:43.42	2:45.80	414	18/06/16	Scarborough Annual A & B Graded Meet	Scarborough	NE160150	3
100 Individual Medley	1:12.77	1:12.80	468	06/11/16	ASA North East Region Senior Junior Champs	Sunderland	NE162070	2