

Individual Best Times (All Time)

Jack Wood - (740580) - Grimsby Aquatics Swim Team

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.29	26.50	449	23/02/19	Yorkshire County Championships	Sheffield	NE190129	1
100 Freestyle	58.02	56.60	526	20/07/19	City of Sheffield Swim Squad Summer Meet	Sheffield	NE190404	3
200 Freestyle	2:08.23	2:05.50	503	21/07/19	City of Sheffield Swim Squad Summer Meet	Sheffield	NE190404	3
400 Freestyle	4:39.27	4:34.20	489	02/02/19	Yorkshire County Championships	Leeds	NE190127	1
1500 Freestyle	19:58.59	19:41.20	383	26/02/17	Yorkshire SA County Championships	Leeds	NE170143	1
50 Breaststroke	33.51	32.60	464	22/02/20	Yorkshire County Championships Level of Meet	Sheffield	NE200185	1
100 Breaststroke	1:16.09	1:14.40	417	05/05/19	Swim England North East Region Championships (50)	Sheffield	NE190135	1
200 Breaststroke	2:44.70	2:41.50	442	23/03/19	ESSA 69th National Inter-Divisional Championships	Crawley	SE190428	1
50 Butterfly	28.55	27.90	474	22/02/20	Yorkshire County Championships Level of Meet	Sheffield	NE200185	1
100 Butterfly	1:16.13	1:15.10	274	06/05/17	Rotherham Metro Springtime Long Course Meet	Sheffield	NE170390	3
200 Butterfly	2:37.48	2:35.50	343	22/07/18	City of Sheffield Summer Meet 2018	Sheffield	NE180166	3
50 Backstroke	31.73	31.10	408	22/02/20	Yorkshire County Championships Level of Meet	Sheffield	NE200185	1
100 Backstroke	1:09.38	1:08.20	411	10/02/19	Yorkshire County Championships	Leeds	NE190128	1
200 Backstroke	2:32.11	2:29.90	398	03/02/19	Yorkshire County Championships	Leeds	NE190127	1
200 Individual Medley	2:26.28	2:23.60	473	07/04/19	Derwentio Excel 13th Long Course Open Meet	Sheffield	EM190236	1
400 Individual Medley	5:17.74	5:12.20	444	09/02/19	Yorkshire County Championships	Leeds	NE190128	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.95	26.70	468	03/11/19	North East Region Open Championships (25m)	Sheffield	NE192157	2
100 Freestyle	55.98	57.50	513	20/10/19	Yorkshire Swimming Association Winter Competition	Sheffield	NE192012	2
200 Freestyle	2:04.18	2:06.90	512	03/11/19	North East Region Open Championships (25m)	Sheffield	NE192157	2
400 Freestyle	4:32.56	4:37.70	472	15/06/19	Grimsby Aquatics Club Championships & Time Trials	Grimsby	NE190147	4
800 Freestyle	9:12.29	9:22.60	517	16/03/19	Grimsby Aquatics Club Championships & Time Trials	Grimsby	NE190145	4
1500 Freestyle	18:40.52	18:58.80	431	12/11/17	Grimsby Aquatics Club Champs & Time Trials	Grimsby	NE172239	4
50 Breaststroke	33.49	34.40	413	19/01/20	Grimsby Aquatics Club Championships & Time Trials	Grimsby	NE200189	4
100 Breaststroke	1:12.81	1:14.50	437	19/10/19	Yorkshire Swimming Association Winter Competition	Sheffield	NE192012	2
200 Breaststroke	2:42.46	2:45.70	404	02/11/19	North East Region Open Championships (25m)	Sheffield	NE192157	2
50 Butterfly	29.07	29.70	418	13/10/19	Grimsby Aquatics Club Championships & Time Trials	Grimsby	NE193048	4
100 Butterfly	1:05.45	1:06.60	389	19/01/20	Grimsby Aquatics Club Championships & Time Trials	Grimsby	NE200189	4
200 Butterfly	2:40.61	2:42.60	294	04/02/18	Yorkshire County Championships	Leeds	NE180135	2
50 Backstroke	32.76	33.40	307	20/04/19	Grimsby Aquatics Club Championships & Time Trials	Grimsby	NE190146	4
100 Backstroke	1:07.05	1:08.20	374	19/10/19	Yorkshire Swimming Association Winter Competition	Sheffield	NE192012	2
200 Backstroke	2:30.08	2:32.30	348	04/02/18	Yorkshire County Championships	Leeds	NE180135	2
200 Individual Medley	2:21.93	2:24.70	460	20/10/19	Yorkshire Swimming Association Winter Competition	Sheffield	NE192012	2
400 Individual Medley	5:03.25	5:09.00	464	19/01/20	Grimsby Aquatics Club Championships & Time Trials	Grimsby	NE200189	4
100 Individual Medley	1:15.12	1:15.10	282	18/06/17	Grimsby Aquatics Club Championships & Time Trials	Grimsby	NE170139	4