

Individual Best Times (All Time)

Nathan Salkeld - (740388) - Carlisle Aquatics

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.35	31.70	270	31/05/15	City of Sunderland Last Chance Qualifier Meet	Sunderland	NE151004	1
100 Freestyle	1:08.11	1:06.90	325	30/05/15	City of Sunderland Last Chance Qualifier Meet	Sunderland	NE151004	1
200 Freestyle	2:28.42	2:26.10	324	31/05/15	City of Sunderland Last Chance Qualifier Meet	Sunderland	NE151004	1
400 Freestyle	5:05.13	5:00.50	375	30/05/15	City of Sunderland Last Chance Qualifier Meet	Sunderland	NE151004	1
1500 Freestyle	21:09.32	20:52.90	323	29/05/15	City of Sunderland Last Chance Qualifier Meet	Sunderland	NE151004	1
50 Breaststroke	38.61	37.80	303	31/05/15	City of Sunderland Last Chance Qualifier Meet	Sunderland	NE151004	1
100 Breaststroke	1:27.47	1:26.00	274	05/07/15	City of Sunderland Summer Splash 2015	Sunderland	NE151248	3
200 Breaststroke	3:07.51	3:04.70	299	17/05/14	City of Sunderland May Open 2014	Sunderland	NE4378	1
50 Butterfly	37.46	36.90	210	17/05/14	City of Sunderland May Open 2014	Sunderland	NE4378	1
50 Backstroke	42.18	41.70	174	02/11/13	City of Sunderland Firecracker 2013	Sunderland	NE3924	3
100 Backstroke	1:31.77	1:30.90	177	02/11/14	City of Sunderland Firecracker Meet	Sunderland	NE14446	3
200 Backstroke	3:21.23	3:19.60	172	14/07/13	City of Sunderland Summer Splash	Sunderland	NE3542	3
200 Individual Medley	2:55.38	2:53.10	274	02/11/14	City of Sunderland Firecracker Meet	Sunderland	NE14446	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.64	31.30	284	18/04/15	South Tyneside ASC Spring Meet	South Shields	NE150616	3
100 Freestyle	1:05.56	1:06.80	319	19/04/15	South Tyneside ASC Spring Meet	South Shields	NE150616	3
200 Freestyle	2:23.60	2:26.00	331	07/03/15	2015 Cumbria Age Groups & County Championships	Kendal	CC150098	2
400 Freestyle	4:59.81	5:04.50	354	18/04/15	South Tyneside ASC Spring Meet	South Shields	NE150616	3
1500 Freestyle	19:44.04	20:01.40	365	21/03/15	2015 Cumbria Age Groups & County Championships	Carlisle	CC150101	2
50 Breaststroke	37.09	37.90	304	19/04/15	South Tyneside ASC Spring Meet	South Shields	NE150616	3
100 Breaststroke	1:21.01	1:22.60	317	13/06/15	20th Copeland Graded Gala	Whitehaven	NW150674	3
200 Breaststroke	3:00.47	3:03.40	295	08/03/15	2015 Cumbria Age Groups & County Championships	Kendal	CC150099	2
50 Butterfly	36.87	37.40	205	15/03/15	2015 Cumbria Age Groups & County Championships	Whitehaven	CC150100	2
100 Butterfly	1:23.70	1:24.60	186	07/03/15	2015 Cumbria Age Groups & County Championships	Kendal	CC150098	2
200 Butterfly	3:34.49	3:36.00	123	11/10/15	Carlisle Aquatics SC Club Championships	Carlisle	NW151148	4
50 Backstroke	39.57	40.10	174	06/07/14	Newcastle Swim Team 1st Summer Gala	Newcastle	NE4685	3
100 Backstroke	1:23.44	1:24.40	194	27/04/14	2014 Dumfries ASC Graded Meet	Dumfries	SCO835	2
200 Backstroke	3:05.25	3:07.00	185	05/07/14	Newcastle Swim Team 1st Summer Gala	Newcastle	NE4685	3
200 Individual Medley	2:48.32	2:50.60	276	29/11/14	Carlisle Aquatics 2014 Sprints & Medley Open Meet	Carlisle	NW14243	3
400 Individual Medley	5:55.44	6:00.40	288	14/03/15	2015 Cumbria Age Groups & County Championships	Whitehaven	CC150100	2
100 Individual Medley	1:18.28	1:18.30	249	26/10/14	Chester le Street Junior Meet	Chester-le-Street	NE14219	3