

# Individual Best Times (All Time)

## Samuel Rhodes - (739295) - Winchester City Penguins

### Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.53	25.70	489	19/07/15	Portsmouth Northsea End of Season Meet	Portsmouth	SE150139	3
100 Freestyle	59.71	58.30	483	18/07/15	Portsmouth Northsea End of Season Meet	Portsmouth	SE150139	3
200 Freestyle	2:22.59	2:20.10	366	25/05/13	ASA South East Region Age Group Champs	Crawley	SER303	1
400 Freestyle	5:59.32	5:55.40	229	15/01/12	Portsmouth Open Meet	Portsmouth	SE2106	1
50 Butterfly	28.13	27.40	496	18/07/15	Portsmouth Northsea End of Season Meet	Portsmouth	SE150139	3
100 Butterfly	1:03.42	1:02.20	474	19/07/15	Portsmouth Northsea End of Season Meet	Portsmouth	SE150139	3
200 Butterfly	2:35.98	2:33.90	353	10/01/15	Rushmoor Royals 9th New Year Open Meet	Aldershot	SE150330	3
50 Backstroke	30.90	30.20	442	31/05/15	ASASER Swimming Championships	Crawley	SE150986	1
100 Backstroke	1:09.68	1:08.50	406	10/01/15	Rushmoor Royals 9th New Year Open Meet	Aldershot	SE150330	3
200 Backstroke	2:35.54	2:33.40	372	11/01/14	Portsmouth Northsea New Year Open Meet	Portsmouth	SE4084	1
200 Individual Medley	2:30.14	2:27.50	437	15/03/15	Hampshire County ASA Championships	Portsmouth	CC150887	1
400 Individual Medley	5:47.21	5:42.10	340	14/03/15	Hampshire County ASA Championships	Portsmouth	CC150878	1

### Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.94	26.70	469	24/10/15	Winchester City Panguins Club Championships	St Swithuns	SE151748	4
100 Freestyle	57.64	59.10	470	25/10/15	Winchester City Panguins Club Championships	St Swithuns	SE151748	4
200 Freestyle	2:14.19	2:16.80	406	02/04/16	Swim Bournemouth Spring L2 Open Meet	Bournemouth	SW160342	2
400 Freestyle	5:34.18	5:38.40	256	24/11/12	Winchester City Penguins SC Club Champs	Winchester	SE2762	4
50 Breaststroke	35.25	36.10	354	17/10/15	Winchester City Penguins Club Championships	St Swithuns	SE151746	4
100 Breaststroke	1:23.16	1:24.70	293	08/02/15	15th City of Southampton Open Meet	Southampton	SE150003	2
200 Breaststroke	3:17.06	3:19.70	226	25/10/14	Winchester City Penguins Club Champs	Winchester	ER14385	4
50 Butterfly	27.82	28.50	477	25/10/15	Winchester City Panguins Club Championships	St Swithuns	SE151748	4
100 Butterfly	1:01.30	1:02.50	473	12/11/16	NASLS Round 2	Woking	SE162474	3
200 Butterfly	2:40.05	2:42.00	297	08/03/14	Hampshire County Championships	Waterlooville	CC4115	2
50 Backstroke	29.54	30.20	419	18/10/15	Winchester City Penguins Club Championships	St Swithuns	SE151746	4
100 Backstroke	1:04.52	1:05.80	420	17/10/15	Winchester City Penguins Club Championships	St Swithuns	SE151746	4
200 Backstroke	2:29.16	2:31.40	355	08/03/14	Hampshire County Championships	Waterlooville	CC4115	2
200 Individual Medley	2:32.95	2:35.50	368	30/11/14	Portsmouth Northsea Christmas Cracker	Portsmouth	SE14423	2
400 Individual Medley	5:35.50	5:40.70	342	12/10/14	Winchester City Penguins Club Champs	Winchester	ER14385	4
100 Individual Medley	1:07.31	1:07.30	392	24/10/15	Winchester City Panguins Club Championships	St Swithuns	SE151748	4