

# Individual Best Times (All Time)

Ellis Simpkin - (738729) - Stocksbridge Pentaqua SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.11	25.30	513	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	NE160210	1
100 Freestyle	55.95	54.40	587	21/04/18	Stocksbridge Spring Open	Sheffield	NE180244	3
200 Freestyle	2:00.70	1:57.80	603	05/08/15	ASA Summer Nationals 2015	Sheffield	ASA142	1
400 Freestyle	4:22.06	4:16.70	592	12/04/15	Derventio Excel 9th Open Meet	Sheffield	EM150029	1
1500 Freestyle	17:53.73	17:34.40	533	21/12/14	City of Leeds Christmas Meet	Leeds	NE4024	1
50 Breaststroke	33.81	32.90	452	14/04/18	City of Leeds National Qualifier 2018	Leeds	NE180082	1
100 Breaststroke	1:15.33	1:13.60	430	21/04/18	Stocksbridge Spring Open	Sheffield	NE180244	3
200 Breaststroke	2:49.12	2:46.00	408	26/07/14	CO Sheffield Swim Squad End of Season Summer	Sheffield	NE4592	3
50 Butterfly	28.67	28.00	468	05/05/18	North East Region Championships	Sheffield	NE180150	1
100 Butterfly	1:05.44	1:04.30	431	21/04/18	Stocksbridge Spring Open	Sheffield	NE180244	3
50 Backstroke	33.04	32.40	362	25/09/16	City of Sheffield Swim Squad 34th Annual Teaspoon	Sheffield	NE160268	3
100 Backstroke	1:14.76	1:13.70	328	02/02/14	Sheffield & District ASA Championships	Sheffield	NE4187	4
200 Backstroke	2:42.59	2:40.50	326	02/02/14	Sheffield & District ASA Championships	Sheffield	NE4187	4
200 Individual Medley	2:26.87	2:24.20	467	21/04/18	Stocksbridge Spring Open	Sheffield	NE180244	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.78	26.60	478	17/04/16	Borough of Kirklees April Short Course Open Meet	Huddersfield	NE160599	3
100 Freestyle	55.08	56.60	539	22/10/17	Yorkshire SA Winter Competition	Sheffield	NE171863	2
200 Freestyle	2:00.06	2:02.90	566	22/11/15	ASANER Regional Senior & Youth Championships	Sunderland	NE151550	2
400 Freestyle	4:15.87	4:21.30	570	07/12/14	ASANER BG Regional Age Group Champs	Sunderland	NER430	2
50 Breaststroke	32.81	33.80	439	15/07/18	Rotherham Metro A & B Grade SC	Sheffield	NE180245	3
100 Breaststroke	1:12.35	1:14.10	446	21/10/17	Yorkshire SA Winter Competition	Sheffield	NE171863	2
200 Breaststroke	2:44.14	2:47.30	392	15/11/14	Stockport Metro November Open Meet	Stockport	NW4424	2
50 Butterfly	28.24	28.90	456	22/10/17	Yorkshire SA Winter Competition	Sheffield	NE171863	2
100 Butterfly	1:03.33	1:04.50	429	15/07/18	Rotherham Metro A & B Grade SC	Sheffield	NE180245	3
100 Backstroke	1:07.43	1:08.60	368	25/10/15	Retford Early Bird	Retford	EM151484	3
200 Individual Medley	2:21.29	2:24.10	467	16/07/17	Rotherham Metro 'A' & 'B' Grade Short Course Meet	Sheffield	NE170734	3
100 Individual Medley	1:03.60	1:03.60	465	14/07/18	Rotherham Metro A & B Grade SC	Sheffield	NE180245	3