

Individual Best Times (All Time)

Daniel Watkins - (738157) - St Austell ASC

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|-----------------------|---------|-----------------|-----------|----------|---|----------|---------|-------|
| 50 Freestyle | 35.88 | 35.30 | 197 | 14/07/12 | Plymouth Leander Non National Qualifier | Plymouth | SW2385 | 3 |
| 100 Freestyle | 1:20.70 | 1:19.70 | 195 | 14/07/12 | Plymouth Leander Non National Qualifier | Plymouth | SW2385 | 3 |
| 200 Freestyle | 2:36.24 | 2:34.00 | 278 | 13/07/14 | The Plymouth Summer Level 3 Long Course Meet | Plymouth | SW4772 | 3 |
| 400 Freestyle | 5:30.08 | 5:25.80 | 296 | 13/07/14 | The Plymouth Summer Level 3 Long Course Meet | Plymouth | SW4772 | 3 |
| 50 Breaststroke | 51.18 | 50.60 | 130 | 14/07/12 | Plymouth Leander Non National Qualifier | Plymouth | SW2385 | 3 |
| 50 Butterfly | 34.57 | 34.00 | 267 | 13/07/14 | The Plymouth Summer Level 3 Long Course Meet | Plymouth | SW4772 | 3 |
| 50 Backstroke | 38.43 | 37.90 | 230 | 13/07/14 | The Plymouth Summer Level 3 Long Course Meet | Plymouth | SW4772 | 3 |
| 200 Individual Medley | 3:17.66 | 3:15.60 | 191 | 14/07/13 | Plymouth Leander Non-National Qualifiers Meet | Plymouth | SW3469 | 3 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|---------|-----------------|-----------|----------|---|----------|----------|-------|
| 50 Freestyle | 29.50 | 30.20 | 319 | 13/09/15 | Newquay Cormorants & Nth Cornwall Club Champs | Bodmin | SW151936 | 4 |
| 100 Freestyle | 1:06.86 | 1:08.10 | 301 | 05/03/15 | Cornwall County Championships | Bodmin | CC150365 | 2 |
| 200 Freestyle | 2:27.98 | 2:30.30 | 302 | 13/09/15 | Newquay Cormorants & Nth Cornwall Club Champs | Bodmin | SW151936 | 4 |
| 400 Freestyle | 5:21.94 | 5:26.30 | 286 | 02/03/14 | CCASA Champs & Age Groups Distance Comp | Bodmin | CC4049 | 2 |
| 50 Breaststroke | 47.04 | 47.70 | 149 | 12/05/13 | Newquay Coromorants Open Meet | Bodmin | SW3288 | 3 |
| 50 Butterfly | 33.41 | 34.00 | 275 | 14/09/15 | Newquay Cormorants & Nth Cornwall Club Champs | Bodmin | SW151936 | 4 |
| 100 Butterfly | 1:23.18 | 1:24.10 | 189 | 01/11/14 | Bodmin Open Meet | Bodmin | SW4864 | 3 |
| 50 Backstroke | 37.54 | 38.10 | 204 | 02/03/14 | CCASA Champs & Age Groups Distance Comp | Bodmin | CC4049 | 2 |
| 100 Backstroke | 1:22.11 | 1:23.10 | 203 | 01/11/14 | Bodmin Open Meet | Bodmin | SW4864 | 3 |
| 200 Backstroke | 2:56.19 | 2:58.10 | 215 | 09/03/14 | CCASA Championships & Age Groups | Bodmin | CC4118 | 2 |
| 200 Individual Medley | 3:19.94 | 3:21.90 | 164 | 03/11/12 | 15th Annual Bodmin Open | Bodmin | SW2652 | 3 |
| 100 Individual Medley | 1:17.64 | 1:17.60 | 255 | 02/03/15 | Cornwall County Championships | Penzance | CC150362 | 2 |