Individual Best Times (All Time)

Angus Nicol - (736300) - City Of Glasgow Swim Team

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	24.21	23.30	644	27/07/19	British Summer Championships	Glasgow	BSW011	1
100 Freestyle	52.95	51.40	693	20/02/20	McCullagh International Meet	Bangor	INT385	1
200 Freestyle	1:57.31	1:54.30	657	13/03/20	Edinburgh International	Edinburgh	SCO1813	1
400 Freestyle	4:27.88	4:22.60	554	31/03/16	Scottish National Age Group Championships	Glasgow	SCO1106	1
1500 Freestyle	17:56.77	17:37.50	529	01/04/16	Scottish National Age Group Championships	Glasgow	SCO1106	1
50 Breaststroke	30.93	29.90	590	26/07/17	British Summer Championships	Sheffield	BSW002	1
100 Breaststroke	1:08.72	1:06.90	567	25/07/17	British Summer Championships	Sheffield	BSW002	1
200 Breaststroke	2:39.62	2:36.30	485	29/03/17	Scottish National Age Group Championships	Aberdeen	SCO1270	1
50 Butterfly	26.34	25.60	604	28/06/19	Scottish National Open Championships	Aberdeen	SCO1689	1
100 Butterfly	58.47	57.20	604	15/03/20	Edinburgh International	Edinburgh	SCO1813	1
200 Butterfly	2:18.37	2:16.10	507	30/03/17	Scottish National Age Group Championships	Aberdeen	SCO1270	1
50 Backstroke	31.13	30.50	432	02/07/17	Scottish National Open Championships	Aberdeen	SCO1320	1
100 Backstroke	1:05.35	1:04.10	492	11/01/20	2020 WD Long Course Championships - WE1	Tollcross	SCO1782	1
200 Backstroke	2:22.91	2:20.60	480	02/03/19	2019 WD Long Course AG Pre-SNAG Meet	Glasgow	SCO1619	1
200 Individual Medley	2:16.61	2:13.70	581	29/06/19	Scottish National Open Championships	Aberdeen	SCO1689	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.15	25.00	581	07/12/18	Scottish National Short Course Open Swimming	Edinburgh	SCO1566	2
100 Freestyle	51.55	53.10	658	13/12/19	Scottish National Short Course Championships	Edinburgh	SCO1762	2
200 Freestyle	1:54.35	1:57.30	656	14/12/19	Scottish National Short Course Championships	Edinburgh	SCO1762	2
400 Freestyle	4:19.19	4:24.50	549	09/12/16	Scottish National Short Course Championships	Edinburgh	SCO1210	1
800 Freestyle	9:14.59	9:24.90	511	05/09/15	North Ayrshire Distance Meet	Stevenston	SCO1010	2
1500 Freestyle	17:51.18	18:10.30	494	12/04/15	Stirling Open Meet	Stirling	SCO962	2
50 Breaststroke	30.75	31.80	534	04/11/17	North District Open Championships 2017	Inverness	SCO1360	1
100 Breaststroke	1:07.86	1:09.70	540	10/12/16	Scottish National Short Course Championships	Edinburgh	SCO1210	1
200 Breaststroke	2:33.10	2:36.50	483	04/11/17	North District Open Championships 2017	Inverness	SCO1360	1
50 Butterfly	26.28	27.00	566	13/12/19	Scottish National Short Course Championships	Edinburgh	SCO1762	2
100 Butterfly	59.09	1:00.40	528	07/12/18	Scottish National Short Course Open Swimming	Edinburgh	SCO1566	2
200 Butterfly	2:16.51	2:18.80	479	16/11/19	2019 SS West District SC SAG Championships	Glasgow	SCO1746	2
50 Backstroke	29.88	30.50	405	06/11/16	North District Open Championships	Inverness	SCO1193	1
100 Backstroke	1:02.87	1:04.10	454	02/11/19	REN96 Open Meet	Linwood	SCO1742	2
200 Backstroke	2:22.44	2:24.80	407	07/01/17	FIRST Annual Open Meet 2017	Bathgate	SCO1219	2
200 Individual Medley	2:10.24	2:13.20	596	17/11/19	2019 SS West District SC SAG Championships	Glasgow	SCO1746	2
400 Individual Medley	4:52.91	4:58.80	515	08/01/17	FIRST Annual Open Meet 2017	Bathgate	SCO1219	2
100 Individual Medley	59.41	59.40	570	14/12/19	Scottish National Short Course Championships	Edinburgh	SCO1762	2