

Individual Best Times (All Time)

Mackenzie Cannon - (735875) - Loughborough University Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	24.56	23.70	617	09/04/22	British Championships 2022	Sheffield	BSW020	1
100 Freestyle	55.27	53.70	609	26/02/22	Sussex County ASA County Championships	Crawley	SE220130	1
200 Freestyle	2:16.26	2:13.70	419	10/02/18	Sussex County Championships & Age Group Comp	Crawley	SE180607	1
400 Freestyle	5:08.72	5:04.10	362	01/03/15	Sussex County Championships	Crawley	CC150378	1
1500 Freestyle	20:44.78	20:28.10	342	22/02/15	Sussex County Championships	Crawley	CC150377	1
50 Breaststroke	29.20	28.10	701	24/07/23	British Summer Championships	Sheffield	BSW025	1
100 Breaststroke	1:04.25	1:02.30	693	02/08/23	Swim England National Summer Meet 2023	Sheffield	ENG028	1
200 Breaststroke	2:26.44	2:22.80	629	29/04/23	East Midlands Regional LC Championships 2023	Derby	EM230742	1
50 Butterfly	27.41	26.70	536	12/02/22	Sussex County ASA County Championships	Crawley	SE220129	1
100 Butterfly	1:04.36	1:03.20	453	13/02/22	Sussex County ASA County Championships	Crawley	SE220129	1
50 Backstroke	28.26	27.50	578	13/02/22	Sussex County ASA County Championships	Crawley	SE220129	1
100 Backstroke	1:04.58	1:03.30	510	12/02/22	Sussex County ASA County Championships	Crawley	SE220129	1
200 Backstroke	2:43.08	2:41.00	323	14/03/15	Sussex County Championships	Crawley	CC150379	1
200 Individual Medley	2:26.28	2:23.60	473	09/02/20	Sussex County ASA Champs and Age Group Comp	Crawley	SE200449	1
400 Individual Medley	5:54.69	5:49.70	319	28/02/15	Sussex County Championships	Crawley	CC150378	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.09	24.90	586	14/05/22	Mid Sussex Marlins SC Meet	Burgess Hill	SE220846	3
100 Freestyle	53.25	54.80	597	26/06/21	Mid Sussex Marlins	Triangle	LEX2487	0
200 Freestyle	2:02.86	2:05.60	529	15/05/21	Mid Sussex Marlins	Triangle LC	LEX1094	0
400 Freestyle	4:16.57	4:22.00	566	18/09/22	Mid Sussex Marlins SC Club Championships	The Triangle	SE221765	4
800 Freestyle	9:34.50	9:44.50	459	18/11/19	MSM Club Championships 2019 - 800m	Burgess Hill	SE192796	4
1500 Freestyle	19:52.04	20:09.20	358	05/12/15	Crawley Christmas Splash Open Meet	Crawley	SE151330	3
50 Breaststroke	27.78	28.90	724	15/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
100 Breaststroke	1:02.11	1:04.10	705	18/11/23	NOVA Centurion November Meet 2023	Nottingham	EM231063	2
200 Breaststroke	2:15.69	2:19.50	694	18/11/23	NOVA Centurion November Meet 2023	Nottingham	EM231063	2
50 Butterfly	26.52	27.20	551	26/09/21	MSM Club Championships 2021	Burgess Hill	SE210334	4
100 Butterfly	59.13	1:00.40	527	25/09/21	MSM Club Championships 2021	Burgess Hill	SE210334	4
50 Backstroke	27.06	27.80	545	24/09/22	Mid Sussex Marlins SC Club Championships	The Triangle	SE221766	4
100 Backstroke	59.91	1:01.20	524	19/06/21	Mid Sussex Marlins	Triangle Leisure Cen	LEX2145	0
200 Backstroke	2:32.00	2:34.20	335	15/01/17	Tom Handley Open Meet	Brighton	SE170208	3
200 Individual Medley	2:10.77	2:13.70	589	24/09/22	Mid Sussex Marlins SC Club Championships	The Triangle	SE221766	4
400 Individual Medley	4:44.04	4:50.10	564	17/09/22	Mid Sussex Marlins SC Club Championships	The Triangle	SE221765	4
100 Individual Medley	58.19	58.20	607	25/09/22	Mid Sussex Marlins SC Club Championships	The Triangle	SE221766	4