

Individual Best Times (All Time)

Alice Richardson - (735467) - City of Linc Pentaqua SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.91	32.30	369	19/05/13	Rotherham Metro Level 1 Open Meet	Sheffield	NE3049	1
100 Freestyle	1:10.02	1:08.80	402	18/01/15	Rotherham Metro A & B Grade LC Meet	Sheffield	NE150075	3
200 Freestyle	2:30.07	2:27.70	425	18/01/15	Rotherham Metro A & B Grade LC Meet	Sheffield	NE150075	3
400 Freestyle	5:26.44	5:22.10	374	19/05/13	Rotherham Metro Level 1 Open Meet	Sheffield	NE3049	1
800 Freestyle	11:03.53	10:54.70	390	09/02/14	Leicestershire & Lincolnshire Long Distance Meet	Loughborough	CC4070	1
50 Breaststroke	45.43	44.70	264	20/01/13	Rotherham Metro SC A & B Grade LC Meet	Sheffield	NE3011	3
100 Breaststroke	1:34.42	1:33.10	313	19/05/13	Rotherham Metro Level 1 Open Meet	Sheffield	NE3049	1
200 Breaststroke	3:30.90	3:28.40	277	20/01/13	Rotherham Metro SC A & B Grade LC Meet	Sheffield	NE3011	3
50 Butterfly	39.75	39.30	232	20/01/13	Rotherham Metro SC A & B Grade LC Meet	Sheffield	NE3011	3
50 Backstroke	40.93	40.40	282	19/05/13	Rotherham Metro Level 1 Open Meet	Sheffield	NE3049	1
100 Backstroke	1:23.31	1:22.30	325	18/01/15	Rotherham Metro A & B Grade LC Meet	Sheffield	NE150075	3
200 Backstroke	3:00.75	2:58.90	316	19/05/13	Rotherham Metro Level 1 Open Meet	Sheffield	NE3049	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.63	31.30	419	22/10/16	Lincoln Vulcans L2 Short Course Open Meet	Sheffield	EM160423	2
100 Freestyle	1:06.17	1:07.40	437	22/10/16	Lincoln Vulcans L2 Short Course Open Meet	Sheffield	EM160423	2
200 Freestyle	2:25.00	2:27.40	440	28/06/15	Lincoln Vulcans Grantham L3 Open Meet	Grantham	EM150588	3
400 Freestyle	5:06.23	5:10.80	430	04/10/15	CLP Club Championships 2015	Lincoln	EM151046	4
800 Freestyle	10:16.71	10:26.00	463	14/02/15	Lincolnshire County ASA Swimming Championships	Grantham	CC150039	2
50 Breaststroke	42.02	42.80	307	09/11/14	City of Lincoln Pentaqua Club Championships	Lincoln	EM4389	4
100 Breaststroke	1:28.24	1:29.70	352	02/05/15	31st Tulip Open Meet	Spalding	EM150305	3
200 Breaststroke	3:08.81	3:11.60	362	28/06/15	Lincoln Vulcans Grantham L3 Open Meet	Grantham	EM150588	3
50 Butterfly	35.58	36.10	321	08/05/16	City of Lincoln Pentaqua Club Championships	Yarborough	EM160785	4
50 Backstroke	37.38	37.90	308	10/05/15	CLP Club Championships 2015	Lincoln	EM151043	4
100 Backstroke	1:18.12	1:19.10	346	07/02/16	Lincolnshire County Championships 2016	Louth	EM160115	2
200 Backstroke	2:42.27	2:44.30	393	06/02/16	Lincolnshire County Championships 2016	Louth	EM160115	2
200 Individual Medley	2:45.64	2:48.00	398	06/02/16	Lincolnshire County Championships 2016	Louth	EM160115	2
400 Individual Medley	5:57.62	6:02.50	379	04/10/15	CLP Club Championships 2015	Lincoln	EM151046	4
100 Individual Medley	1:17.61	1:17.60	386	21/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150041	2