

Individual Best Times (All Time)

Ella Sinclair - (732898) - Lerwick ASC

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|---------|-----------------|-----------|----------|---|-----------|---------|-------|
| 50 Freestyle | 36.68 | 37.20 | 244 | 16/03/14 | Shetland Sprint Championships | Lerwick | SCO819 | 2 |
| 100 Freestyle | 1:24.64 | 1:25.60 | 209 | 24/11/13 | Shetland Senior Age Group Championships | Clickimin | SCO801 | 2 |
| 200 Freestyle | 3:13.43 | 3:15.20 | 185 | 15/09/13 | Shetland Distance Time Trials 2013 | Lerwick | SCO757 | 2 |
| 50 Breaststroke | 47.10 | 47.80 | 218 | 29/06/13 | Lerwick ASC Midsummer Meet | Lerwick | SCO745 | 2 |
| 100 Breaststroke | 1:42.79 | 1:44.00 | 223 | 09/02/14 | Lerwick ASC Graded Meet | Clickimin | SCO807 | 2 |
| 200 Breaststroke | 3:51.58 | 3:53.90 | 196 | 15/09/13 | Shetland Distance Time Trials 2013 | Lerwick | SCO757 | 2 |
| 50 Butterfly | 47.61 | 48.00 | 134 | 16/03/14 | Shetland Sprint Championships | Lerwick | SCO819 | 2 |
| 100 Butterfly | 1:51.43 | 1:52.10 | 114 | 24/11/13 | Shetland Senior Age Group Championships | Clickimin | SCO801 | 2 |
| 50 Backstroke | 44.86 | 45.30 | 178 | 17/03/13 | Shetland Senior Sprints | Clickimin | SCO716 | 2 |
| 100 Backstroke | 1:39.22 | 1:40.00 | 169 | 09/02/14 | Lerwick ASC Graded Meet | Clickimin | SCO807 | 2 |
| 200 Individual Medley | 3:33.94 | 3:35.80 | 184 | 24/11/13 | Shetland Senior Age Group Championships | Clickimin | SCO801 | 2 |
| 100 Individual Medley | 1:39.06 | 1:39.10 | 185 | 16/03/14 | Shetland Sprint Championships | Lerwick | SCO819 | 2 |