

Individual Best Times (All Time)

Rebecca Neale - (731411) - Halstead Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.95	31.30	403	04/02/17	Essex Age Group Championships	London	ER170023	1
50 Butterfly	33.29	32.70	395	04/02/17	Essex Age Group Championships	London	ER170023	1
50 Backstroke	35.83	35.30	421	04/02/17	Essex Age Group Championships	London	ER170023	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.59	31.30	421	24/02/13	Essex County Championships	Basildon	CC3019	2
100 Freestyle	1:07.23	1:08.50	417	01/10/16	Halstead Club Championships	Halstead	ER161635	4
200 Freestyle	2:35.62	2:37.80	356	21/09/12	Halstead ASC Club Championships	Halstead	ER2614	4
50 Breaststroke	42.30	43.00	301	23/09/11	Halstead ASC Club Championships	Halstead	ER1494	4
100 Breaststroke	1:30.14	1:31.50	331	01/10/16	Halstead Club Championships	Halstead	ER161635	4
200 Breaststroke	3:24.98	3:27.50	282	25/09/10	Halstead Club Champs	Halstead	ER0486	4
50 Butterfly	32.99	33.60	403	25/09/15	Halstead Club Championships	Halstead	ER151537	4
50 Backstroke	35.47	36.00	360	03/09/16	Halstead 4th Season Sprint Starter	Braintree	ER161439	3
100 Backstroke	1:17.20	1:18.20	359	30/09/16	Halstead Club Championships	Halstead	ER161634	4
200 Individual Medley	2:46.18	2:48.50	394	10/10/15	National Arena League-London Div1&2 Rounds123	Enfield	ER152112	3
100 Individual Medley	1:15.53	1:15.50	418	03/09/16	Halstead 4th Season Sprint Starter	Braintree	ER161439	3