

Individual Best Times (All Time)

Jacob Openshaw - (729547) - Chester-Le-Street SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.46	27.70	396	26/01/19	Chester le Street ASC and Derwentside Burns Meet	Sheffield	NE190005	1
100 Freestyle	1:09.19	1:08.00	310	25/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	NE170190	1
200 Freestyle	2:31.98	2:29.70	302	28/01/17	Chester le Street & Derwentside Burns Open Meet	Sheffield	NE170151	1
400 Freestyle	4:52.46	4:47.60	426	03/02/18	N & D 2018 Championships	Sunderland	NE180242	1
50 Breaststroke	37.81	37.00	323	26/01/19	Chester le Street ASC and Derwentside Burns Meet	Sheffield	NE190005	1
100 Breaststroke	1:23.94	1:22.40	311	28/01/18	Burns Meet 2018	Sheffield	NE180177	1
200 Breaststroke	3:07.44	3:04.60	300	04/02/18	N & D 2018 Championships	Sunderland	NE180242	1
50 Butterfly	35.89	35.40	238	29/01/17	Chester le Street & Derwentside Burns Open Meet	Sheffield	NE170151	1
100 Butterfly	1:12.97	1:11.90	311	27/01/18	Burns Meet 2018	Sheffield	NE180177	1
200 Butterfly	2:45.01	2:43.10	298	20/05/17	ASA North East Region Championships	Sunderland	NE170146	1
50 Backstroke	41.76	41.30	179	06/02/16	Northumberland & Durham County Champs	Sunderland	NE160071	1
100 Backstroke	1:24.13	1:23.20	230	27/01/18	Burns Meet 2018	Sheffield	NE180177	1
200 Individual Medley	2:36.11	2:33.60	389	26/01/19	Chester le Street ASC and Derwentside Burns Meet	Sheffield	NE190005	1
400 Individual Medley	5:41.57	5:36.40	357	26/01/19	Chester le Street ASC and Derwentside Burns Meet	Sheffield	NE190005	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.90	29.60	339	28/10/18	Chester Le Street Junior Gala 2018	Chester-le-Street	NE182117	3
100 Freestyle	1:01.64	1:03.00	384	18/11/18	TASC Winer Gala	Tynemouth Pool	NE182119	3
200 Freestyle	2:18.64	2:21.10	368	27/10/18	Chester Le Street Junior Gala 2018	Chester-le-Street	NE182117	3
400 Freestyle	4:53.33	4:58.10	378	17/06/17	Middlesbrough 2017 Open Meet Gala	Middlesbrough	NE170017	3
1500 Freestyle	20:08.48	20:25.50	344	28/10/16	Chester le Street Junior Meet 2016	Chester-le-Street	NE161614	3
50 Breaststroke	36.91	37.80	308	28/10/18	Chester Le Street Junior Gala 2018	Chester-le-Street	NE182117	3
100 Breaststroke	1:22.46	1:24.00	301	17/11/18	TASC Winer Gala	Tynemouth Pool	NE182119	3
200 Breaststroke	2:57.34	3:00.30	311	18/03/18	Tynemouth ASC 2018 Spring Gala	Tynemouth Pool	NE180542	3
50 Butterfly	31.40	32.00	332	27/10/18	Chester Le Street Junior Gala 2018	Chester-le-Street	NE182117	3
100 Butterfly	1:10.90	1:12.00	306	17/03/18	Tynemouth ASC 2018 Spring Gala	Tynemouth Pool	NE180542	3
200 Butterfly	2:45.02	2:46.90	271	29/10/16	Chester le Street Junior Meet 2016	Chester-le-Street	NE161614	3
50 Backstroke	35.15	35.70	248	27/10/18	Chester Le Street Junior Gala 2018	Chester-le-Street	NE182117	3
100 Backstroke	1:15.95	1:17.00	257	18/11/18	TASC Winer Gala	Tynemouth Pool	NE182119	3
200 Backstroke	2:42.79	2:44.80	273	28/10/18	Chester Le Street Junior Gala 2018	Chester-le-Street	NE182117	3
200 Individual Medley	2:32.81	2:35.40	369	18/03/18	Tynemouth ASC 2018 Spring Gala	Tynemouth Pool	NE180542	3
400 Individual Medley	5:27.86	5:33.20	367	18/11/18	TASC Winer Gala	Tynemouth Pool	NE182119	3
100 Individual Medley	1:21.53	1:21.50	220	11/12/15	Chester le Street Annual Club Gala	Chester-le-Street	NE152259	4