

# Individual Best Times (All Time)

Holly Williams - (728958) - Burnley Aquatics SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.98	30.30	442	15/03/14	Lancashire County Championships	Manchester	CC4087	1
100 Freestyle	1:12.11	1:10.90	368	17/03/12	Lancashire County Championships	Manchester	CC2016	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.62	31.30	419	26/10/13	North Lancashire SWPA Level 3 Meet	Blackpool	NW3684	3
100 Freestyle	1:06.80	1:08.00	425	19/07/14	City of Bradford SC End of Season A B Graded Meet	Shipley	NE4363	3
200 Freestyle	2:25.30	2:27.70	437	10/01/15	North Lancashire Age Groups & Youth Championships	Blackpool	NW150127	2
50 Breaststroke	43.91	44.60	269	23/06/13	Preston Guild Summer Spectacular Meet	Darwen	NW3330	3
100 Breaststroke	1:34.53	1:35.90	287	01/02/14	North Lancashire Age Groups, Youth & Champs	Blackpool	NW4148	3
200 Breaststroke	3:30.11	3:32.60	262	22/06/13	Preston Guild Summer Spectacular Meet	Darwen	NW3330	3
50 Butterfly	33.05	33.60	401	10/01/15	North Lancashire Age Groups & Youth Championships	Blackpool	NW150127	2
100 Butterfly	1:18.35	1:19.30	328	02/02/14	North Lancashire Age Groups, Youth & Champs	Blackpool	NW4148	3
200 Butterfly	3:02.22	3:03.90	282	19/07/14	City of Bradford SC End of Season A B Graded Meet	Shipley	NE4363	3
50 Backstroke	38.55	39.10	281	20/07/14	City of Bradford SC End of Season A B Graded Meet	Shipley	NE4363	3
100 Backstroke	1:24.00	1:25.00	279	15/12/12	Preston SC Christmas Countdown Open Meet	Darwen	NW2511	3
200 Backstroke	3:09.64	3:11.40	246	05/11/11	North Lancashire Level 3 Open Meet	Blackpool	NW1530	3
200 Individual Medley	2:46.07	2:48.40	395	20/07/14	City of Bradford SC End of Season A B Graded Meet	Shipley	NE4363	3
100 Individual Medley	1:19.82	1:19.80	354	20/07/14	City of Bradford SC End of Season A B Graded Meet	Shipley	NE4363	3