

Individual Best Times (All Time)

Craig McRoberts - (727855) - Motherwell & Wishaw ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.84	25.00	529	01/04/16	Scottish National Age Group Championships	Glasgow	SCO1106	1
100 Freestyle	59.06	57.60	499	03/04/16	Scottish National Age Group Championships	Glasgow	SCO1106	1
200 Freestyle	2:15.66	2:13.10	425	26/06/14	Scottish Gas National Age Groups 2014	Aberdeen	SCO867	1
50 Breaststroke	40.01	39.20	272	10/05/14	2014 SASA West District LC OAG Championship	East Kilbride	SCO838	1
50 Butterfly	32.58	32.00	319	10/05/14	2014 SASA West District LC OAG Championship	East Kilbride	SCO838	1
100 Butterfly	1:18.00	1:17.00	254	11/05/14	2014 SASA West District LC OAG Championship	East Kilbride	SCO838	1
200 Butterfly	3:24.63	3:23.10	156	26/05/12	SASA West District Group 4 Championship	East Kilbride	SCO626	1
50 Backstroke	32.87	32.30	367	05/06/15	East Kilbride Long Course Open Age Group Meet	East Kilbride	SCO991	2
100 Backstroke	1:13.21	1:12.10	350	09/05/15	SASA West District Championships	East Kilbride	SCO975	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.05	25.90	521	08/12/17	Scottish National Short Course Open Champs	Edinburgh	SCO1389	2
100 Freestyle	56.11	57.60	510	17/09/17	Stirling Autumn Meet	Stirling	SCO1342	2
200 Freestyle	2:03.77	2:06.50	517	05/11/17	REN96 Open Meet	Linwood	SCO1380	2
400 Freestyle	4:29.44	4:34.60	488	28/10/17	2017 SS West District SC Senior Age Group	Grangemouth	SCO1359	1
50 Breaststroke	35.75	36.60	339	27/08/16	2016 SASA West District SR Champs	Glasgow	SCO1161	1
100 Breaststroke	1:30.95	1:32.30	224	15/06/14	Cumbernauld Summer Open 2014	Cumbernauld	SCO861	2
200 Breaststroke	3:14.22	3:16.90	236	07/09/13	North Ayrshire Distance Meet	Auchenharvie	SCO752	2
50 Butterfly	28.91	29.60	425	27/08/16	2016 SASA West District SR Champs	Glasgow	SCO1161	1
100 Butterfly	1:05.30	1:06.50	391	16/04/17	Stirling Open Meet	Stirling	SCO1272	2
200 Butterfly	3:41.09	3:42.50	112	17/11/12	2012 WD Short Course Championships JAG	Cumbernauld	SCO672	1
50 Backstroke	30.49	31.10	381	24/09/16	Scottish National Teams	Glasgow	SCO1175	1
100 Backstroke	1:05.60	1:06.80	399	04/11/17	REN96 Open Meet	Linwood	SCO1380	2
200 Backstroke	2:26.11	2:28.40	377	04/11/17	REN96 Open Meet	Linwood	SCO1380	2
200 Individual Medley	2:27.39	2:30.00	411	30/10/16	2016 SASA West District SC SAG Championship	Glasgow	SCO1199	1
400 Individual Medley	5:28.20	5:33.50	366	13/03/16	North Ayrshire 200 Meet	Auchenharvie	SCO1097	2
100 Individual Medley	1:07.30	1:07.30	392	17/09/17	Stirling Autumn Meet	Stirling	SCO1342	2