

Individual Best Times (All Time)

Issey Barnes - (725989) - North Cornwall Dragons SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	37.89	37.30	241	14/04/12	Taunton Deane Easter Open Meet	Millfield	SW2095	1
100 Freestyle	1:15.04	1:13.90	327	14/04/13	Taunton Deane Easter Long Course Meet	Millfield	SW3253	1
200 Freestyle	2:49.62	2:47.60	294	10/06/12	British Gas ASA SWR Age Groups Champs	Millfield	SWR205	1
400 Freestyle	5:42.78	5:38.70	323	13/04/13	Taunton Deane Easter Long Course Meet	Millfield	SW3253	1
50 Backstroke	43.98	43.50	227	15/04/12	Taunton Deane Easter Open Meet	Millfield	SW2095	1
100 Backstroke	1:29.78	1:28.90	260	13/04/13	Taunton Deane Easter Long Course Meet	Millfield	SW3253	1
200 Backstroke	3:09.20	3:07.40	275	13/04/13	Taunton Deane Easter Long Course Meet	Millfield	SW3253	1
200 Individual Medley	3:15.00	3:13.00	270	14/04/13	Taunton Deane Easter Long Course Meet	Millfield	SW3253	1
400 Individual Medley	7:13.30	7:09.20	231	15/04/12	Taunton Deane Easter Open Meet	Millfield	SW2095	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.36	32.00	390	04/03/15	Cornwall County Championships	Penzance	CC150364	2
100 Freestyle	1:15.00	1:16.10	300	03/03/13	Cornwall County Championships	Bodmin	CC3106	2
200 Freestyle	2:36.54	2:38.70	349	02/03/15	Cornwall County Championships	Penzance	CC150362	2
400 Freestyle	5:26.86	5:31.10	354	10/03/13	Cornwall County Championships	Bodmin	CC3106	2
50 Breaststroke	43.99	44.70	268	03/03/15	Cornwall County Championships	Bodmin	CC150363	2
100 Breaststroke	1:33.85	1:35.20	293	05/03/15	Cornwall County Championships	Bodmin	CC150365	2
200 Breaststroke	3:16.23	3:18.90	322	04/10/14	Carn Brea & Helston Meet	Penzance	SW4246	3
50 Butterfly	47.85	48.20	132	21/07/12	The Penzance Invitation Sprint Meet	Penzance	SW2498	3
50 Backstroke	36.00	36.60	345	10/02/16	Cornwall County Championships	Penzance	SW160348	2
100 Backstroke	1:19.65	1:20.70	327	02/03/15	Cornwall County Championships	Penzance	CC150362	2
200 Backstroke	2:48.01	2:50.00	354	03/03/15	Cornwall County Championships	Bodmin	CC150363	2
200 Individual Medley	2:54.57	2:56.80	340	04/10/14	Carn Brea & Helston Meet	Penzance	SW4246	3
400 Individual Medley	6:16.91	6:21.60	324	03/03/15	Cornwall County Championships	Bodmin	CC150363	2
100 Individual Medley	1:22.39	1:22.40	322	04/03/15	Cornwall County Championships	Penzance	CC150364	2