

# Individual Best Times (All Time)

## Georgia Holding - (724765) - Preston Swimming Club

### Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.46	32.80	351	25/04/15	The National Arena Swimming League 15th B Final	Cardiff	WL150597	1
100 Freestyle	1:10.16	1:09.00	400	30/01/16	Lancashire County WPSA Age Group & Championships	Manchester	NW160230	1
200 Freestyle	2:33.72	2:31.40	395	31/01/16	Lancashire County WPSA Age Group & Championships	Manchester	NW160230	1
400 Freestyle	5:25.62	5:21.30	377	21/03/15	Lancashire County Age Groups & Championships	Manchester	CC150113	1
200 Individual Medley	2:55.30	2:53.00	372	23/01/16	Lancashire County WPSA Age Group & Championships	Manchester	NW160229	1

### Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.96	32.60	369	06/12/15	Preston Christmas Countdown 2015 L3 Open Meet	Darwen	NW151989	3
100 Freestyle	1:09.39	1:10.60	379	05/12/15	Preston Christmas Countdown 2015 L3 Open Meet	Darwen	NW151989	3
200 Freestyle	2:27.15	2:29.50	421	05/12/15	Preston Christmas Countdown 2015 L3 Open Meet	Darwen	NW151989	3
400 Freestyle	5:06.75	5:11.30	428	20/02/16	Preston Club Championships	Preston	NW160468	4
50 Breaststroke	44.64	45.30	256	16/11/14	Wigan BEST Future Stars Open Meet	Wigan	NW4377	2
50 Butterfly	38.16	38.70	260	27/06/15	Preston Summer Spectacular - L3 Open	Darwen	NW150775	3
100 Butterfly	1:25.41	1:26.30	253	20/02/16	Preston Club Championships	Preston	NW160468	4
50 Backstroke	40.38	40.90	244	16/11/14	Wigan BEST Future Stars Open Meet	Wigan	NW4377	2
200 Individual Medley	2:48.93	2:51.30	375	06/12/15	Preston Christmas Countdown 2015 L3 Open Meet	Darwen	NW151989	3
100 Individual Medley	1:27.14	1:27.10	272	28/11/14	Preston Club Championships	Preston	NW14635	4