

Individual Best Times (All Time)

Jack Hebb - (721842) - Rushmoor Royals SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.13	27.40	410	26/11/16	Rushmoor Royals SC Last Chance County Qualifier	Aldershot	SE161449	3
100 Freestyle	1:05.27	1:04.00	370	11/01/15	Rushmoor Royals 9th New Year Open Meet	Aldershot	SE150330	3
200 Freestyle	2:17.70	2:15.20	406	15/03/15	Hampshire County ASA Championships	Portsmouth	CC150887	1
400 Freestyle	4:48.04	4:43.10	445	14/03/15	Hampshire County ASA Championships	Portsmouth	CC150878	1
50 Breaststroke	36.23	35.40	367	14/03/15	Hampshire County ASA Championships	Portsmouth	CC150878	1
100 Breaststroke	1:19.57	1:18.00	365	26/11/16	Rushmoor Royals SC Last Chance County Qualifier	Aldershot	SE161449	3
200 Breaststroke	2:51.92	2:48.80	388	14/03/15	Hampshire County ASA Championships	Portsmouth	CC150878	1
50 Butterfly	34.23	33.70	275	11/01/15	Rushmoor Royals 9th New Year Open Meet	Aldershot	SE150330	3
50 Backstroke	32.08	31.40	395	26/11/16	Rushmoor Royals SC Last Chance County Qualifier	Aldershot	SE161449	3
100 Backstroke	1:10.43	1:09.30	393	26/11/16	Rushmoor Royals SC Last Chance County Qualifier	Aldershot	SE161449	3
200 Backstroke	2:34.06	2:31.90	383	15/03/15	Hampshire County ASA Championships	Portsmouth	CC150887	1
200 Individual Medley	2:34.93	2:32.40	398	15/03/15	Hampshire County ASA Championships	Portsmouth	CC150887	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.40	30.10	322	07/02/15	Rushmoor Royals Last Chance Open Meet	Aldershot	SE150381	3
100 Freestyle	1:05.41	1:06.70	322	19/10/14	Staines SC Black Swan Winter Meet	Elmbridge	SE4162	3
200 Freestyle	2:14.75	2:17.30	401	07/02/15	Rushmoor Royals Last Chance Open Meet	Aldershot	SE150381	3
400 Freestyle	4:48.83	4:53.70	396	06/12/14	Windsor Level 3 Open Meet	Maidenhead	SE14332	3
50 Breaststroke	37.29	38.10	299	27/09/14	Rushmoor Royals SC Club Championships 2014	Aldershot	SE14389	4
100 Breaststroke	1:20.70	1:22.20	321	20/09/14	Rushmoor Royals SC Club Championships	Aldershot	SE14388	4
200 Breaststroke	3:36.99	3:39.40	169	13/11/11	Hart Club Championships	Fleet	SE1641	4
50 Butterfly	34.81	35.40	243	27/09/14	Rushmoor Royals SC Club Championships 2014	Aldershot	SE14389	4
50 Backstroke	33.25	33.80	294	19/10/14	Staines SC Black Swan Winter Meet	Elmbridge	SE4162	3
100 Backstroke	1:10.89	1:12.00	316	07/02/15	Rushmoor Royals Last Chance Open Meet	Aldershot	SE150381	3
200 Backstroke	2:32.40	2:34.60	332	19/10/14	Staines SC Black Swan Winter Meet	Elmbridge	SE4162	3
200 Individual Medley	2:36.73	2:39.20	342	06/12/14	Windsor Level 3 Open Meet	Maidenhead	SE14332	3
100 Individual Medley	1:23.32	1:23.30	206	18/05/13	Hart SC Development Meet	Fleet	SE3477	4