

Individual Best Times (All Time)

Emily Wallace - (718088) - Stowmarket SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.71	31.00	412	26/03/16	UEA City of Norwich Easter Long Course Meet	Norwich	ER160218	1
50 Butterfly	35.79	35.30	318	07/01/18	BWFSC L3 New Year Meet 2018	London	LR180217	3
200 Individual Medley	2:58.57	2:56.30	352	07/01/18	BWFSC L3 New Year Meet 2018	London	LR180217	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.07	31.70	401	12/07/15	Teamipswich July Surprize Open 2015	Ipswich	ER150801	3
100 Freestyle	1:09.48	1:10.70	378	18/06/16	Suffolk County ASA County Development Championship	Newmarket	ER161052	3
200 Freestyle	2:29.28	2:31.60	403	19/03/16	Teamipswich March Open 2016	Ipswich	ER160137	3
400 Freestyle	5:19.99	5:24.40	377	11/11/16	Stowmarket Club Championships 2016	Stowmarket	ER162132	4
800 Freestyle	11:15.40	11:23.90	353	23/11/16	Stowmarket Club Championships	Stowmarket	ER162135	4
50 Breaststroke	42.17	42.90	304	18/12/16	Stowmarket No Frills Open Meet	Stowmarket	ER162384	3
100 Breaststroke	1:32.95	1:34.30	301	01/10/16	West Suffolk The Neate Meet	Bury St Edmunds	ER160491	3
200 Breaststroke	3:20.31	3:22.90	303	20/11/16	Stowmarket Club Championships 2016	Stowmarket	ER162134	4
50 Butterfly	35.61	36.10	320	20/03/16	Teamipswich March Open 2016	Ipswich	ER160137	3
100 Butterfly	1:20.03	1:21.00	308	14/11/15	Stowmarket SC Club Championships 2015	Stowmarket	ER151925	4
200 Butterfly	3:00.33	3:02.10	291	20/11/16	Stowmarket Club Championships 2016	Stowmarket	ER162134	4
50 Backstroke	38.85	39.40	274	25/03/17	Stowmarket In House Gala March 2017	Stowmarket	ER170779	4
100 Backstroke	1:25.47	1:26.40	264	14/11/15	Stowmarket SC Club Championships 2015	Stowmarket	ER151925	4
200 Backstroke	2:56.63	2:58.50	305	13/11/15	Stowmarket SC Club Championships 2015	Stowmarket	ER151925	4
200 Individual Medley	2:52.09	2:54.40	355	19/11/16	Stowmarket Club Championships 2016	Stowmarket	ER162134	4
400 Individual Medley	6:10.67	6:15.40	340	13/11/15	Stowmarket SC Club Championships 2015	Stowmarket	ER151925	4
100 Individual Medley	1:18.97	1:19.00	366	25/03/17	Stowmarket In House Gala March 2017	Stowmarket	ER170779	4