## **Individual Best Times (All Time)**

## Elinah Phillip - (717237) - Bishops Stortford SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.74	24.90	771	30/07/21	Tokyo 2020 Womans 50m Freestyle	Tokyo	GBR1513	1
100 Freestyle	58.93	57.50	675	30/07/16	British Summer Championships	Sheffield	ASA148	1
200 Freestyle	2:15.27	2:12.70	580	13/06/21	2021 Michael Lohberg Invitational Coral Springs	Florida, USA	OVE441	3
50 Breaststroke	37.64	36.80	464	07/12/13	ASA East Regionals Winter Championships	Norwich	ERX328	1
100 Breaststroke	1:24.40	1:22.90	438	08/02/14	Derventio Excel February Festival	Sheffield	EM4028	1
200 Breaststroke	3:08.57	3:05.70	388	14/07/13	Plymouth Leander Non-National Qualifiers Meet	Plymouth	SW3469	3
50 Butterfly	27.69	27.00	686	25/07/18	British Summer Championships	Sheffield	BSW006	1
100 Butterfly	1:07.88	1:06.80	545	07/02/15	Derventio Excel February Festival	Sheffield	EM150033	1
50 Backstroke	33.35	32.70	522	07/02/16	Derventio Excel February Festival 2016	Sheffield	EM160047	1
200 Individual Medley	2:43.02	2:40.60	463	07/02/15	Derventio Excel February Festival	Sheffield	EM150033	1

## **Short Course**

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.32	26.10	742	22/07/18	Putteridge L2 Inaugural Alternative Nationals	Luton	ER180378	2
100 Freestyle	56.43	57.90	706	03/11/18	Swim England East Region Short Course Championship	Luton	ER180889	2
200 Freestyle	2:13.58	2:16.20	563	24/10/15	Team Luton Autumn Short Course Meet	Luton	ER150601	3
400 Freestyle	4:54.36	4:59.10	485	07/11/14	24th OECS Swimming Championships	St Lucia	GBR074	2
50 Breaststroke	36.98	37.80	451	22/09/13	Hatfield Club Championships	Hatfield	ER3770	4
100 Breaststroke	1:20.50	1:22.10	464	23/09/13	Hatfield Club Championships	Hatfield	ER3770	4
200 Breaststroke	2:57.11	3:00.10	438	22/09/13	Hatfield Club Championships	Hatfield	ER3770	4
50 Butterfly	27.31	28.00	711	28/09/18	FINA Swimming World Cup 2018	Eindhoven, Netherlan	GBR824	2
100 Butterfly	1:03.61	1:04.80	613	02/12/17	HATFIELD XMAS MEET 2017	HERTFORDSHIRE	ER172328	3
50 Backstroke	32.16	32.80	483	07/11/15	ASA East Region Winter Championships 2015	Luton	ER151653	2
100 Backstroke	1:14.73	1:15.80	396	07/11/14	24th OECS Swimming Championships	St Lucia	GBR074	2
200 Individual Medley	2:33.20	2:35.80	503	07/11/14	24th OECS Swimming Championships	St Lucia	GBR074	2
100 Individual Medley	1:11.61	1:11.60	491	30/06/13	Watford SC Alternative Nationals Open Meet	Watford	ER3389	3

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