

Individual Best Times (All Time)

Alfred Murton - (716488) - Alnwick Dolphin SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:14.63	1:13.50	247	13/07/13	City of Sunderland Summer Splash	Sunderland	NE3542	3
50 Breaststroke	56.70	56.10	95	17/07/10	Sunderland Non National Qualifier Meet	Sunderland	NE0469	3
100 Breaststroke	1:43.05	1:41.80	168	05/01/13	City of Sunderland New Year Meet	Sunderland	NE3092	3
50 Butterfly	51.32	50.90	81	27/03/11	City of Sunderland Spring Meet	Sunderland	NE1256	3
50 Backstroke	41.60	41.10	181	13/07/13	City of Sunderland Summer Splash	Sunderland	NE3542	3
200 Individual Medley	3:12.28	3:10.20	208	05/01/13	City of Sunderland New Year Meet	Sunderland	NE3092	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.03	32.70	249	08/06/14	Derwentside ASC 5th Annual Charity Swim Meet	Stanley	NE4108	3
100 Freestyle	1:03.67	1:05.00	349	09/07/16	Alnwick Dolphins 2016 Club Championships	Alnwick	NE161592	4
200 Freestyle	2:22.50	2:24.90	339	08/07/16	Alnwick Dolphins 2016 Club Championships	Alnwick	NE161592	4
400 Freestyle	5:17.42	5:21.80	298	07/12/13	Derwentside ASC Christmas Cracker	Stanley	NE3702	3
1500 Freestyle	20:20.71	20:37.50	333	12/11/13	Alnwick Dolphins 800 & 1500 Time Trials	Didcot	NE3994	4
50 Breaststroke	42.11	42.90	207	27/04/14	Chester Le Street ASC Open Meet	Stanley	NE4591	3
100 Breaststroke	1:25.35	1:26.80	271	11/07/15	Alnwick Dolphins Club Championships	Alnwick	NE151006	4
200 Breaststroke	3:26.03	3:28.60	198	27/04/13	Chester Le Street Open Meet	Stanley	NE3317	3
50 Butterfly	36.65	37.20	209	07/06/14	Derwentside ASC 5th Annual Charity Swim Meet	Stanley	NE4108	3
100 Butterfly	1:16.06	1:17.10	247	09/07/16	Alnwick Dolphins 2016 Club Championships	Alnwick	NE161592	4
200 Butterfly	2:59.33	3:01.10	211	11/07/15	Alnwick Dolphins Club Championships	Alnwick	NE151006	4
50 Backstroke	35.42	36.00	243	07/03/15	Derwentside ASC Developmental 2015	Stanley	NE150720	3
100 Backstroke	1:18.06	1:19.10	237	19/10/14	Durham City Medley Challenge	Durham	NE14545	3
200 Backstroke	2:42.36	2:44.40	275	11/07/15	Alnwick Dolphins Club Championships	Alnwick	NE151006	4
200 Individual Medley	2:51.93	2:54.20	259	07/06/14	Derwentside ASC 5th Annual Charity Swim Meet	Stanley	NE4108	3
400 Individual Medley	6:28.84	6:33.30	220	16/06/13	Alnwick Dolphins Time Trials & Club Champs	Alnwick	NE3517	4
100 Individual Medley	1:13.92	1:13.90	296	10/07/16	Alnwick Dolphins 2016 Club Championships	Alnwick	NE161592	4