

# Individual Best Times (All Time)

William Banks - (715777) - Chelmsford City SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Breaststroke	35.90	35.00	377	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	ER190209	1
100 Breaststroke	1:43.23	1:42.00	167	31/03/13	City of Norwich SC Easter Meet 2013	Norwich	ER3006	1
200 Breaststroke	3:33.26	3:30.80	203	29/03/13	City of Norwich SC Easter Meet 2013	Norwich	ER3006	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.71	31.40	282	05/10/19	Chelmsford City Swimming Club Championships 2019	Braintree	ER192245	4
100 Freestyle	1:06.25	1:07.50	310	26/10/19	Chelmsford City Swimming Club Championships 2019	Riverside	ER192247	4
200 Freestyle	2:56.56	2:58.50	178	06/07/13	Harlow Penguins 2nd Eric Shepherd Meet	Harlow	ER3341	3
400 Freestyle	6:06.14	6:10.00	194	11/01/14	Basildon & Phoenix Last Chance County	Basildon	ER4045	3
1500 Freestyle	24:06.17	24:20.40	200	26/11/14	Chelmsford Club Championships	Chelmsford	ER4652	4
50 Breaststroke	37.25	38.10	300	19/10/19	Essex Senior Winter Champs	Basildon	ER191968	2
100 Breaststroke	1:20.30	1:21.90	326	20/10/19	Essex Senior Winter Champs	Basildon	ER191968	2
200 Breaststroke	3:00.22	3:03.10	296	19/10/19	Essex Senior Winter Champs	Basildon	ER191968	2
50 Butterfly	34.08	34.60	259	05/10/19	Chelmsford City Swimming Club Championships 2019	Braintree	ER192245	4
100 Butterfly	1:18.61	1:19.60	224	26/10/19	Chelmsford City Swimming Club Championships 2019	Riverside	ER192247	4
50 Backstroke	37.80	38.30	200	05/10/19	Chelmsford City Swimming Club Championships 2019	Braintree	ER192245	4
100 Backstroke	1:20.08	1:21.10	219	26/10/19	Chelmsford City Swimming Club Championships 2019	Riverside	ER192247	4
200 Backstroke	3:24.88	3:26.50	137	20/10/13	Basildon & Phoenix SC Autumn SC Meet	Basildon	ER3692	3
200 Individual Medley	3:28.34	3:30.20	145	21/09/13	Chelmsford SC Club Championships	Chelmsford	ER3635	4
400 Individual Medley	7:13.16	7:17.20	159	16/09/13	Chelmsford SC Club Championships	Chelmsford	ER3635	4
100 Individual Medley	1:36.40	1:36.40	133	24/02/13	Essex County Championships	Basildon	CC3019	2