

# Individual Best Times (All Time)

Callum Giles - (715033) - Bilston SC

Long Course

| Stroke                | LC Time  | Converted to SC | LC WA Pts | Date     | Meet                                     | Venue     | Licence | Level |
|-----------------------|----------|-----------------|-----------|----------|------------------------------------------|-----------|---------|-------|
| 50 Freestyle          | 27.82    | 27.10           | 424       | 01/09/12 | Worksop Dolphins SC Dukeries Open Meet   | Sheffield | EM2255  | 3     |
| 100 Freestyle         | 59.02    | 57.60           | 500       | 09/02/13 | Derventio February Festival              | Sheffield | EM3053  | 1     |
| 200 Freestyle         | 2:07.58  | 2:04.80         | 511       | 17/05/14 | Northampton SC Spring Festival Open Meet | Corby     | EM4052  | 1     |
| 400 Freestyle         | 4:33.75  | 4:28.60         | 519       | 18/05/14 | Northampton SC Spring Festival Open Meet | Corby     | EM4052  | 1     |
| 1500 Freestyle        | 17:58.97 | 17:39.70        | 526       | 16/12/11 | Northampton Winter Festival Open Meet    | Corby     | EM1466  | 1     |
| 50 Breaststroke       | 35.43    | 34.50           | 392       | 09/02/13 | Derventio February Festival              | Sheffield | EM3053  | 1     |
| 100 Breaststroke      | 1:18.87  | 1:17.30         | 375       | 09/06/12 | Midland Age Group Championships          | Coventry  | WMR209  | 1     |
| 200 Breaststroke      | 2:56.81  | 2:53.80         | 357       | 03/06/12 | Midlands Age Group Championships         | Coventry  | WMR208  | 1     |
| 50 Butterfly          | 32.93    | 32.30           | 309       | 01/09/12 | Worksop Dolphins SC Dukeries Open Meet   | Sheffield | EM2255  | 3     |
| 100 Butterfly         | 1:17.64  | 1:16.70         | 258       | 01/09/12 | Worksop Dolphins SC Dukeries Open Meet   | Sheffield | EM2255  | 3     |
| 50 Backstroke         | 34.86    | 34.30           | 308       | 01/09/12 | Worksop Dolphins SC Dukeries Open Meet   | Sheffield | EM2255  | 3     |
| 100 Backstroke        | 1:23.98  | 1:23.00         | 231       | 05/06/10 | BG Midland Age Groups                    | Coventry  | WMR015  | 1     |
| 200 Backstroke        | 2:32.59  | 2:30.40         | 394       | 02/06/12 | Midlands Age Group Championships         | Coventry  | WMR208  | 1     |
| 200 Individual Medley | 2:32.83  | 2:30.20         | 415       | 03/06/12 | Midlands Age Group Championships         | Coventry  | WMR208  | 1     |

Short Course

| Stroke                | SC Time  | Converted to LC | SC WA Pts | Date     | Meet                                   | Venue          | License | Level |
|-----------------------|----------|-----------------|-----------|----------|----------------------------------------|----------------|---------|-------|
| 50 Freestyle          | 26.80    | 27.60           | 425       | 02/03/14 | Staffordshire ASA County Championships | Stafford       | CC4009  | 2     |
| 100 Freestyle         | 57.94    | 59.40           | 463       | 02/03/14 | Staffordshire ASA County Championships | Stafford       | CC4009  | 2     |
| 200 Freestyle         | 2:05.47  | 2:08.20         | 496       | 12/04/14 | City of Stoke on Trent Y2K 2014        | Stoke on Trent | WM4247  | 3     |
| 400 Freestyle         | 4:24.06  | 4:29.30         | 519       | 13/04/14 | City of Stoke on Trent Y2K 2014        | Stoke on Trent | WM4247  | 3     |
| 800 Freestyle         | 10:46.51 | 10:55.40        | 322       | 04/12/09 | Stafford Apex Distance                 | Stafford       | WM9471  | 2     |
| 1500 Freestyle        | 17:18.26 | 17:37.90        | 542       | 01/03/14 | Staffordshire ASA County Championships | Stafford       | CC4009  | 2     |
| 50 Breaststroke       | 34.70    | 35.60           | 371       | 02/03/13 | Staffordshire County Championships     | Stafford       | CC3010  | 2     |
| 100 Breaststroke      | 1:16.68  | 1:18.30         | 374       | 13/01/13 | Chase SC County Qualifier              | Wolverhampton  | WM3082  | 3     |
| 200 Breaststroke      | 2:48.95  | 2:52.00         | 359       | 06/01/13 | Stourbridge Crystal Open Meet          | Stourbridge    | WM3024  | 3     |
| 50 Butterfly          | 32.29    | 32.90           | 305       | 30/06/12 | Boldmere SC Water Carnival 2012        | Stechford      | WM2321  | 3     |
| 100 Butterfly         | 1:12.54  | 1:13.60         | 285       | 06/01/13 | Stourbridge Crystal Open Meet          | Stourbridge    | WM3024  | 3     |
| 50 Backstroke         | 32.61    | 33.20           | 311       | 16/03/14 | Staffordshire County Championships     | Stafford       | CC4010  | 2     |
| 100 Backstroke        | 1:09.25  | 1:10.40         | 339       | 01/11/14 | Chase Open Meet 2014                   | Wolverhampton  | WM4447  | 2     |
| 200 Backstroke        | 2:25.05  | 2:27.30         | 386       | 16/03/14 | Staffordshire County Championships     | Stafford       | CC4010  | 2     |
| 200 Individual Medley | 2:27.61  | 2:30.30         | 409       | 06/01/13 | Stourbridge Crystal Open Meet          | Stourbridge    | WM3024  | 3     |
| 100 Individual Medley | 1:10.14  | 1:10.10         | 346       | 01/07/12 | Boldmere SC Water Carnival 2012        | Stechford      | WM2321  | 3     |