

Individual Best Times (All Time)

Sophie Grant - (714354) - Maidenhead ASC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.67	36.30	265	19/05/13	Woking SC B C Grade Octopus Open Meet	Woking	SE3236	3
100 Freestyle	1:19.82	1:20.90	249	26/04/14	Maidenhead Marlins Level 4 Meet	Maidenhead	SE4366	4
200 Freestyle	2:50.87	2:52.90	269	10/05/14	Maidenhead Marlins Level 4 Meet	Maidenhead	SE4366	4
400 Freestyle	6:35.10	6:38.70	200	23/06/12	Maidenhead Marlins Club Champs	Maidenhead	SE2336	4
50 Breaststroke	50.23	50.90	180	26/04/14	Maidenhead Marlins Level 4 Meet	Maidenhead	SE4366	4
200 Breaststroke	3:31.83	3:34.30	256	10/05/14	Maidenhead Marlins Level 4 Meet	Maidenhead	SE4366	4
50 Butterfly	42.92	43.40	183	17/11/13	Newbury Open Meet	Newbury	SE3360	3
50 Backstroke	43.24	43.70	199	18/01/14	Staines Black Swan County Qualifier 2014	Elmbridge	SE4010	3
100 Backstroke	1:27.44	1:28.40	247	26/04/14	Maidenhead Marlins Level 4 Meet	Maidenhead	SE4366	4
200 Backstroke	3:10.82	3:12.60	242	18/01/14	Staines Black Swan County Qualifier 2014	Elmbridge	SE4010	3
200 Individual Medley	3:07.67	3:09.80	273	17/11/13	Newbury Open Meet	Newbury	SE3360	3
100 Individual Medley	1:29.77	1:29.80	249	19/05/13	Woking SC B C Grade Octopus Open Meet	Woking	SE3236	3