

Individual Best Times (All Time)

Michelle Hoffin - (713779) - South Ayrshire ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.83	28.10	549	27/06/14	Scottish Gas National Age Groups 2014	Aberdeen	SCO867	1
100 Freestyle	1:02.42	1:01.10	568	06/04/14	Scottish Gas National Open Championships	Glasgow	SCO825	1
200 Freestyle	2:20.73	2:18.20	515	01/03/14	SASA West District Open SAG Champs	East Kilbride	SCO814	1
100 Breaststroke	1:29.78	1:28.40	364	01/03/14	SASA West District Open SAG Champs	East Kilbride	SCO814	1
200 Breaststroke	3:07.80	3:05.00	392	16/06/13	Scottish Gas National Open Championships	Glasgow	SCO739	1
50 Butterfly	31.97	31.40	446	27/06/15	Scottish National Open Championships	Glasgow	SCO1005	1
50 Backstroke	33.53	32.90	514	25/06/15	Scottish National Open Championships	Glasgow	SCO1005	1
100 Backstroke	1:10.83	1:09.70	530	27/06/15	Scottish National Open Championships	Glasgow	SCO1005	1
200 Backstroke	2:32.60	2:30.40	525	26/06/14	Scottish Gas National Age Groups 2014	Aberdeen	SCO867	1
200 Individual Medley	2:35.21	2:32.60	536	31/03/16	Scottish National Age Group Championships	Glasgow	SCO1106	1
400 Individual Medley	5:32.68	5:27.40	510	03/04/14	Scottish Gas National Open Championships	Glasgow	SCO825	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.94	28.70	552	13/12/13	Scottish National Short Course Open Meet	Edinburgh	SCO791	1
100 Freestyle	1:00.46	1:01.80	574	13/12/13	Scottish National Short Course Open Meet	Edinburgh	SCO791	1
200 Freestyle	2:14.56	2:17.10	550	26/04/14	South Ayrshire Swim Team Open Age Group Meet	Ayr	SCO830	2
400 Freestyle	4:52.77	4:57.50	493	05/05/13	North Ayrshire Junior Meet	Auchenharvie	SCO722	2
800 Freestyle	10:49.61	10:58.50	396	19/11/11	West Disitric Group 6 Meet	Grangemouth	SCO566	1
50 Breaststroke	38.01	38.80	415	15/06/14	Cumbernauld Summer Open 2014	Cumbernauld	SCO861	2
100 Breaststroke	1:22.13	1:23.70	437	25/04/15	South Ayrshire Open Meet	South Ayrshire	SCO968	2
200 Breaststroke	2:57.67	3:00.60	434	26/04/14	South Ayrshire Swim Team Open Age Group Meet	Ayr	SCO830	2
50 Butterfly	31.52	32.10	462	30/11/14	Cumbernauld Winter Open Meet	Cumbernauld	SCO915	2
100 Butterfly	1:10.95	1:12.00	442	07/11/15	Ren 96 Open Meet	Linwood	SCO1049	2
50 Backstroke	31.81	32.40	500	11/12/15	Scottish National Short Course Meet	Edinburgh	SCO1057	1
100 Backstroke	1:07.68	1:08.90	533	15/06/14	Cumbernauld Summer Open 2014	Cumbernauld	SCO861	2
200 Backstroke	2:25.08	2:27.40	551	12/12/15	Scottish National Short Course Meet	Edinburgh	SCO1057	1
200 Individual Medley	2:27.26	2:29.90	566	11/12/15	Scottish National Short Course Meet	Edinburgh	SCO1057	1
400 Individual Medley	5:24.52	5:29.90	508	26/05/13	Alloa ASC Open Meet	Alloa	SCO730	2
100 Individual Medley	1:09.51	1:09.50	537	12/12/15	Scottish National Short Course Meet	Edinburgh	SCO1057	1