

# Individual Best Times (All Time)

## Michael Renkel - (712383) - Tring Swimming Club

### Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	36.58	36.00	186	16/10/10	Wycombe District BC Meet	Wycombe	SE0595	3
100 Freestyle	1:06.40	1:05.10	351	18/07/15	Wycombe District End of Season Meet	Wycombe	SE151150	3
1500 Freestyle	20:53.95	20:37.40	335	01/03/14	Hertfordshire ASA County Championships	Luton	CC4079	1
50 Backstroke	40.99	40.50	189	12/05/12	Wycombe SC Annual Open Spring Meet	Handy Cross	SE2444	3
200 Individual Medley	2:51.94	2:49.60	291	18/07/15	Wycombe District End of Season Meet	Wycombe	SE151150	3

### Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.35	29.10	359	13/09/15	Tring Club Championships	Tring	ER151731	4
100 Freestyle	1:02.36	1:03.70	371	08/11/15	Tring SC Club Championships	Tring	ER151736	4
200 Freestyle	2:24.69	2:27.10	323	07/11/15	Tring SC Club Championships	Stoke Mandeville	ER151734	4
400 Freestyle	5:09.37	5:13.90	322	06/11/15	Tring SC Club Championships	Tring	ER151735	4
1500 Freestyle	21:15.80	21:31.90	292	05/08/12	Tring SC Club Championships 2012	Tring	ER2569	4
50 Breaststroke	40.03	40.80	242	07/11/15	Tring SC Club Championships	Stoke Mandeville	ER151734	4
100 Breaststroke	1:27.19	1:28.60	254	07/11/15	Tring SC Club Championships	Stoke Mandeville	ER151734	4
50 Butterfly	33.37	33.90	276	13/09/15	Tring Club Championships	Tring	ER151731	4
100 Butterfly	1:20.65	1:21.60	207	08/11/15	Tring SC Club Championships	Tring	ER151736	4
200 Butterfly	3:22.40	3:24.00	147	09/12/12	Tring SC Winter Time Trials	Tring	ER2868	4
50 Backstroke	35.69	36.20	237	13/09/15	Tring Club Championships	Tring	ER151731	4
100 Backstroke	1:16.10	1:17.10	256	08/11/15	Tring SC Club Championships	Tring	ER151736	4
200 Backstroke	2:55.75	2:57.60	217	09/12/12	Tring SC Winter Time Trials	Tring	ER2868	4
200 Individual Medley	2:46.00	2:48.40	288	08/11/15	Tring SC Club Championships	Tring	ER151736	4
400 Individual Medley	5:56.56	6:01.50	285	05/11/15	Tring SC Club Championships	Tring	ER151733	4
100 Individual Medley	1:14.63	1:14.60	287	13/09/15	Tring Club Championships	Tring	ER151731	4