

Individual Best Times (All Time)

Luke Herbert - (710004) - West Wight SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.07	27.30	413	16/03/14	Hampshire County Championships	Portsmouth	CC4116	1
100 Freestyle	59.13	57.70	497	14/03/15	Hampshire County ASA Championships	Portsmouth	CC150878	1
200 Freestyle	2:15.15	2:12.60	429	15/03/15	Hampshire County ASA Championships	Portsmouth	CC150887	1
400 Freestyle	4:41.82	4:36.80	476	01/03/14	Hampshire County Championships	Portsmouth	CC4114	1
50 Butterfly	28.93	28.30	456	31/05/15	ASASER Swimming Championships	Crawley	SE150986	1
100 Butterfly	1:05.23	1:04.10	435	24/04/14	Malta Kliikk Easter Meet	Malta	GBR009	1
50 Backstroke	28.73	28.00	550	30/07/15	British Summer Championships	Sheffield	ASA141	1
100 Backstroke	1:03.04	1:01.80	548	14/03/15	Hampshire County ASA Championships	Portsmouth	CC150878	1
200 Backstroke	2:17.71	2:15.30	536	24/04/14	Malta Kliikk Easter Meet	Malta	GBR009	1
200 Individual Medley	2:32.36	2:29.80	418	24/04/14	Malta Kliikk Easter Meet	Malta	GBR009	1
400 Individual Medley	6:58.06	6:53.80	195	28/02/10	Hampshire County Champs	Portsmouth	CC0108	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.30	27.10	450	21/06/15	West Wight Team Gala 2015	Freshwater	SE150825	4
100 Freestyle	57.25	58.70	480	20/04/15	Seaclose SC Isle of White Champs 2015	Newport	SE150844	4
200 Freestyle	2:04.69	2:07.40	506	13/07/15	Combined Seaclose & West Wight Champs	Freshwater	SE151357	4
400 Freestyle	4:32.39	4:37.50	473	27/09/13	West Wight SC IOW Distance Championships	Isle of Wight	SE3863	4
1500 Freestyle	18:17.34	18:36.00	459	08/11/13	West Wight Club Championships	West Wight	SE3783	4
50 Breaststroke	37.99	38.80	283	10/03/13	Hampshire County Championships	Southampton	CC3085	2
100 Breaststroke	1:24.56	1:26.00	279	19/04/15	Seaclose SC Isle of White Champs 2015	Newport	SE150844	4
200 Breaststroke	3:15.25	3:17.90	233	09/11/12	West Wight SC Club Championships	Isle of Wight	SE2693	4
50 Butterfly	28.59	29.20	440	15/07/15	Combined Seaclose & West Wight Champs	Newport	SE151359	4
100 Butterfly	1:03.25	1:04.40	431	20/04/15	Seaclose SC Isle of White Champs 2015	Newport	SE150844	4
200 Butterfly	2:48.53	2:50.40	254	09/11/12	West Wight SC Club Championships	Isle of Wight	SE2693	4
50 Backstroke	27.54	28.30	517	29/06/15	NatWest Island Games 2015	Jersey	SE150831	2
100 Backstroke	59.37	1:00.70	539	02/07/15	NatWest Island Games 2015	Jersey	SE150831	2
200 Backstroke	2:08.03	2:10.60	561	01/07/15	NatWest Island Games 2015	Jersey	SE150831	2
200 Individual Medley	2:23.82	2:26.50	442	05/10/14	14th James Moreno Open Meet	Southampton	SE4380	2
400 Individual Medley	5:24.97	5:30.30	377	09/11/12	West Wight SC Club Championships	Isle of Wight	SE2693	4
100 Individual Medley	1:06.00	1:06.00	416	15/07/15	Combined Seaclose & West Wight Champs	Newport	SE151359	4