

Individual Best Times (All Time)

Filip Kusnir - (709037) - Harlow Penguin SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.98	27.20	417	18/07/15	Basildon & Phoenix LC End of Season Meet	Basildon	ER150046	3
100 Freestyle	1:00.77	59.40	458	23/01/16	Essex Age Group Championships 2016	Basildon	ER160002	1
200 Freestyle	2:19.31	2:16.80	392	27/09/15	BWFSC County Qualifier Meet 2015	London	LR151058	3
50 Breaststroke	39.48	38.70	283	06/02/16	Essex Age Group Championships 2016	London	ER160003	1
100 Breaststroke	1:24.78	1:23.30	301	24/01/16	Essex Age Group Championships 2016	Basildon	ER160002	1
200 Breaststroke	3:01.03	2:58.10	333	27/09/15	BWFSC County Qualifier Meet 2015	London	LR151058	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.38	28.10	399	12/03/16	Basildon & Phoenix SC Spring Time Trial Event 2016	Basildon	ER160007	3
100 Freestyle	59.87	1:01.20	420	01/02/15	Essex County Age Group Championships 2015	Southend	CC150044	2
200 Freestyle	2:12.06	2:14.70	426	28/11/15	Harlow Penguins 4th Winter Open Meet	Harlow	ER152073	3
400 Freestyle	4:53.22	4:58.00	379	22/11/14	Harlow Penguins Winter Open Meet	Harlow	ER14724	3
50 Breaststroke	38.66	39.50	268	20/06/15	Harlow Penguins 4th Eric Shepherd Open Meet	Harlow	ER150891	3
100 Breaststroke	1:21.62	1:23.20	310	15/03/15	Basildon & Phoenix SC Spring Time Trial Event	Basildon	ER150612	3
200 Breaststroke	2:52.64	2:55.70	337	12/03/16	Basildon & Phoenix SC Spring Time Trial Event 2016	Basildon	ER160007	3
50 Butterfly	34.39	34.90	252	21/06/14	Harlow Penguins 3rd Eric Shepherd Open Meet	Harlow	ER4420	3
50 Backstroke	34.58	35.20	261	18/01/15	Essex County Age Group Championships 2015	Basildon	CC150043	2
100 Backstroke	1:09.88	1:11.00	330	12/12/15	National Arena League-London Div1&2 Rounds123	Dagenham	ER152120	3
200 Backstroke	3:23.96	3:25.60	138	14/05/11	Sudbury & District Two Day Meet	Sudbury	ER1367	4
200 Individual Medley	2:39.78	2:42.20	323	11/01/14	Basildon & Phoenix Last Chance County	Basildon	ER4045	3
100 Individual Medley	1:10.83	1:10.80	336	25/10/15	Essex Senior Short Course Championships 2015	Basildon	ER150959	2