

Individual Best Times (All Time)

Luke Howling - (708088) - Kingsbridge Kingfishers SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.36	29.70	326	12/07/14	The Plymouth Summer Level 3 Long Course Meet	Plymouth	SW4772	3
100 Freestyle	1:13.12	1:12.00	263	12/07/14	The Plymouth Summer Level 3 Long Course Meet	Plymouth	SW4772	3
50 Breaststroke	39.96	39.20	273	12/07/14	The Plymouth Summer Level 3 Long Course Meet	Plymouth	SW4772	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.52	30.20	318	20/02/14	Devon County Championships	Plymouth	CC4030	2
50 Breaststroke	38.25	39.10	277	01/03/14	Devon County ASA 2014 Age Group Champs	Plymouth	CC4029	2
100 Breaststroke	1:33.76	1:35.10	204	06/10/13	City of Plymouth Annual Swim Meet	Plymouth	SW3733	3
200 Breaststroke	3:23.54	3:26.10	205	05/10/13	City of Plymouth Annual Swim Meet	Plymouth	SW3733	3
50 Butterfly	39.70	40.20	164	07/10/13	City of Plymouth Annual Swim Meet	Plymouth	SW3733	3
50 Backstroke	37.32	37.90	207	05/10/13	City of Plymouth Annual Swim Meet	Plymouth	SW3733	3